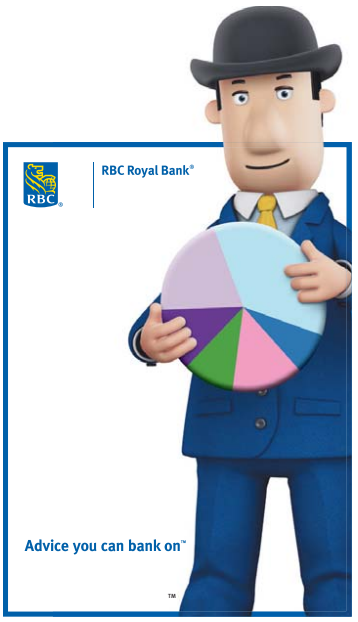
Tonight's Jackpot
$3,000,000 estimated
LOTTO 649

NICOLAS, UNCAGED
ANOTHER ALL-OR-NOTHING PERFORMANCE {page 14}

COLD WAR
CANADA TAKES ON RUSSIA FOR JUNIOR CROWN

{page 27}

CANADA РОССИЯ



TORONTO metro®
Wednesday, January 5, 2011
www.metronews.ca
News worth sharing.

Britain. Assistant

▶ Zoo keeper Angela Ryan makes note of llamas as she conducts the ZSL London Zoo's annual stocktake yesterday.

OLI SCARFF/GETTY IMAGES

Llama keeps a close eye on inventory

Stronger cabinet voice for 905

MPs Fantino, Kent part of Harper's strategic shuffle {page 4}

Duct tape can do many things

Including getting Grade 12 girls in trouble at school {page 8}

Dude, where's my streetcar?

There's apps for that as software developers come out with TTC information technology One says his is better than transit commission's system as it can track all the city's notoriously slow streetcars

It's no secret that the city's streetcars can be slow.

But Toronto's tech community has been quick off the mark developing smartphone apps that some people believe are streets ahead of the TTC's own next-street-car-arrival tools.

Rocket Radar, launched Dec. 29 by Adam Schwabe is the latest app for iPhones that quickly tells users when the next few streetcars will arrive at their stop.

"Just by launching the app with a single tap, Rocket Radar will find where you are, and tell you when the next streetcar will arrive at the closest stop and even the correct direction," said Schwabe.

The TTC has launched its own next-car-arrival system that lets riders transmit their stop number via cellphone and receive a text message letting them know when the next cars are due.

But Schwabe says his app is better because you don't need the number posted at streetcar stops or need to key in any information on your location to find out when the next cars are coming.

"It's different than the current crop of TTC apps in that it has a very narrow focus and purpose, rather than trying to solve every problem. It's also the first app that I know of that uses the city's open data feed in a practical application," said Schwabe, 27, who is a regular on the Queen streetcar.

"Application developers are the best ones to create these apps, not the TTC, so we're happy whenever anyone does something to enhance the TTC experience."
TTC SPOKESMAN BRAD ROSS

James Agnew, a software developer who rides the King car launched his app, Where Is My Streetcar, because it was the kind of tool he figured he might use.

Launched in October, it has about 1,200 followers and is accessible by "more or less" any smart phone or computer. It maps where the cars are along the route and how long it's going to take for them to arrive at a particular stop.

TORSTAR NEWS SERVICE

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1 news

Baby abduction accused in court

Police say casting call for movie shoot was advertised on Craigslist

A New York woman charged after a baby was allegedly kidnapped during a fake casting call appeared briefly in a Toronto court yesterday. Michelle Marie Gopaul, 24, who is charged with abduction of a person under 14, is to return to court Jan. 11.

Police allege a one-month-old baby girl was abducted last Thursday after her parents took her to a casting call for a movie shoot. The unharmed baby was returned to her parents a few hours later.

Outside court, her lawyer Gary Batasar said Gopaul was not denied bail during her court appearance Saturday and in fact has not yet had a bail hearing. "She is in jail, she is obviously upset," he said of his client.

Batasar said the case is still in the preliminary stages and he is still waiting for documents from the prosecution.

"This matter will be tried in the courts, not in the media," he said.

He said his client is "doing well" and is being supported by her family, despite what he called the "traumatic circumstances."

"The family members are obviously very concerned about her well-being and we're here to do the best we can here for her."

Gopaul's visibly upset mother, who had travelled to Toronto from the United States to attend court, said she was "very sad" but didn't want to speak with the media.

THE CANADIAN PRESS

Complicated

Lawyer Gary Batasar said he expected U.S. consular officials to be in touch with his client, Michelle Marie Gopaul (pictured).

- **Batasar** said the fact Gopaul is an American citizen complicates the case in terms of finding a surety, who must be Canadian or have property in Canada.
- **The baby's parents** reported her missing, police say, after taking her to a casting call for a movie. They allege a woman claiming to work for the casting agency said she would keep an eye on the child.
- **Authorities** were about to issue an Amber Alert when a member of the public brought the child to a police station.

CHRIS YOUNG/THE CANADIAN PRESS

▶ Bridget Gopaul stands outside a Toronto court yesterday after her daughter Michelle Marie Gopaul, 24, appeared in court charged with abduction of a person under 14.

News on the move

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On the web at metronews.ca

What Stephen Harper's cabinet shuffle could mean for the next election. Video at metronews.ca

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SCANLIFE

Anti-Christian drumbeat reaches fever pitch after attacks in Egypt. Scan this code for the story.

294 drivers charged in holiday RIDE campaign

Ontario Provincial Police say 294 motorists were charged with impaired driving, having a blood-alcohol level over .08 or refusing a breath test during the recent holiday RIDE campaign. An additional 5,011 charges were laid for other offences.

Police say they stopped nearly 1.1 million vehicles across the province between Nov. 26 and Jan. 2.

"Our high visibility driving the 2010 Festive RIDE campaign demonstrates how relentless we are in our efforts to keep impaired drivers from taking innocent lives," said OPP Commissioner Chris Lewis.

THE CANADIAN PRESS

605 Another 605 drivers were issued temporary suspensions for having a blood-alcohol level in the warning range.

RICK MADONIK/TORSTAR NEWS SERVICE

▶ Chris Lewis

News in brief

Man dies in basement fire

TORONTO. Friends and neighbours believe careless smoking was the cause of a fire that claimed the life of a 55-year-old man in his Cynthia Road bungalow, near Scarlett Road and Eglinton Avenue West.

Firefighters found the victim's body in the basement, where the homeowner had a bedroom and office. Toronto fire Capt. Mike Strapko said the fire was confined to the basement.

TORSTAR NEWS SERVICE

Sale nets Torstar $40M

STAKE. Torstar said yesterday it received $40 million in connection with the Woodbridge Company Ltd.'s move to increase its stake in the Globe and Mail to 85 per cent. Torstar said the $345-million sale of its 20 per cent interest in CTVglobemedia Inc. remains subject to customary approvals.

THE CANADIAN PRESS

CRIME

Man gets 22 years for killing his family

A man who fired bullets into the heads of his family and torched their bodies beyond recognition was sentenced yesterday to serve at least 22 years for what relatives called the "beast-like" slayings.

Bao Mac pleaded guilty to three counts of second-degree murder in the deaths of his wife Zu Ling He, her 22-year-old daughter Qian Jenny Zhao and his four-year-old daughter Lisa Mac.

In the weeks leading up to the murders, Mac's wife had been talking about leaving him. He also had been arguing with his stepdaughter, calling her a prostitute for having a boyfriend.

He later said he couldn't handle the stress anymore, and that he killed his four-year-old daughter because no one would be left to raise her.

THE CANADIAN PRESS

$50M payout delayed as more claimants emerge

$23M The jackpot for the next Lotto Max draw this Friday.

A group of Bell Canada employees who expected to be millionaires yesterday can't start spending that windfall yet.

The Ontario Lottery and Gaming Corp. said it is delaying the payout of $50 million from the Dec. 31 Lotto Max draw.

Media reports yesterday said the 19 workers at a Bell Canada call centre in east-end Toronto held the winning ticket.

The OLG said it can confirm there is one winning ticket and it is being claimed by a large group.

However, the OLG said it's delaying payment because additional claimants have come forward and are claiming a portion of the prize.

The lottery corporation said a rigorous prize-claim review process needs to be completed before any prize is paid out.

The review is needed "to ensure all lottery players are protected and the right prize is paid to the right person," the OLG said in a release.

It's the first time the $50 million has been won by a single ticket in Ontario since Lotto Max launched in 2009.

The jackpot for the next Lotto Max draw this Friday will be an estimated $23 million.

THE CANADIAN PRESS

Getting back to business after fire

VINCE TALOTTA/TORSTAR NEWS SERVICE

▶ The blaze investigation continues yesterday as firefighters get a bird's-eye view of the damage at the corner of Yonge and Gould.

Still too dangerous to go on-site after Yonge Street blaze, police say

Businesses on Yonge Street just north of Dundas began to reopen yesterday morning as the investigation into the six-alarm fire that destroyed an historic building continued.

Yonge remained closed to vehicles between Dundas and Gerrard streets, but pedestrians were being allowed into the area even as city engineers checked surrounding buildings for damage as a result of the blaze at 335 Yonge St.

Ryerson University also reopened its doors after cancelling all campus activities Monday.

A statement on the school's website said classes would be following a normal schedule yesterday.

Businesses were opening their doors just hours after a hot spot flared up in the wreckage of the heritage building early yesterday morning.

"We wanted to open yesterday but weren't allowed to," said Elyse Mayo, an employee of Watch It, located on Yonge a few doors south of the fire.

"We probably missed some business."

Other businesses in the area echoed Mayo's complaint.

"They should just tear it down. It's just an awful mess at this point. What significant building could there be in that space?"
ARRON BARBERIAN, BARBERIAN STEAKHOUSE

"The idea that this could be restored is ridiculous," said Arron Barberian, a member of the family who owns Barberian Steakhouse, on Elm Street just west of Yonge.

He added that he didn't feel the building had that much historical worth.

"The Ford Hotel? C'mon. It was a flophouse," he said.

Police would not say when the roads would reopen, only saying it could take several days, depending on the Ontario Fire Marshal's investigation into the cause of the fire.

Capt. Mike Strapko said it's not known how long the investigation will take.

"It's a slow, meticulous process, where we will be picking out pieces of debris to do a forensic examination," Strapko said.

TORSTAR NEWS SERVICE

OMERS acquires health group

One of Ontario's largest pension managers is buying the CBI Health Group, a company with 3,300 employees across Canada that provides rehabilitation services and community health care.

The deal is being done between CBI Health's owner, Callisto Capital LP, and OMERS Private Equity, which is part of the fund that provides retirement benefits for Ontario's municipal employees. THE CANADIAN PRESS

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SEAN KILPATRICK/THE CANADIAN PRESS

▶ Conservative MP Julian Fantino is sworn in as minister of state for seniors during a cabinet shuffle yesterday at Rideau Hall in Ottawa.

GTA MPs promoted in new cabinet

Much-anticipated shuffle fills void at environment, improves Tories' chances of winning seats in Toronto

Saying he doesn't want an election, Stephen Harper signalled yesterday he is nevertheless preparing for a vote where the road to majority rings around Toronto.

The prime minister's cabinet shuffle — which was more modest than expected, involving only four MPs — lifts star recruit Julian Fantino into the cabinet barely a month after his narrow byelection win in the Liberal stronghold of Vaughan.

The appointment of Fantino to minister of state for seniors gives the former head of the Toronto and Ontario police forces the profile to become a leading Conservative voice in the country's richest vein of seats.

Musical portfolios

- **Peter Kent** moves to environment from minister of state for the Americas. He replaces **Jim Prentice**, who left politics last fall.
- **Diane Ablonczy**, former minister of state for seniors, replaces Kent, with the newly added responsibility of consular affairs.
- **Julian Fantino** takes Ablonczy's old job.
- **Ted Menzies** becomes minister of state for finance, a post not filled for more than a decade.

Harper's other tactical move was to promote another northern Toronto MP, Peter Kent, a former TV news anchor, from a junior post to the politically sensitive environment portfolio.

In a news conference at Rideau Hall, Harper said the micro-shuffle was about staying the course and keeping the government's focus squarely on improving the country's economy.

But he added he is ready to fight an election with the remodelled cabinet if the opposition triggers a vote.

"I'm not the one who is threatening elections," Harper said.

THE CANADIAN PRESS

CRIME

Suspected car thiefs in custody for alleged spree

Two men from Toronto and Bracebridge were arrested by Cobourg police following a series of weekend thefts in eastern Ontario.

They are alleged to have stolen a car in Toronto and travelled east to Belleville, then back to Trenton and Cobourg.

Cobourg police initially received a call about the suspects stealing gas from a gas station.

Stolen property was recovered from the vehicle and it is connected with thefts at Wal-Mart stores in Belleville, Trenton and Cobourg.

Police have identified the charged men as Jason Hoolans, 37, of Bracebridge and David Rees-Jones, 42, of Toronto.

THE CANADIAN PRESS

Troubled plane lands at Pearson

A United Airlines flight from Chicago to Frankfurt made an emergency landing at Pearson International Airport Monday night.

United Airlines spokesperson Rahsaan Johnson said Flight 940 with 241 passengers aboard landed safely at Pearson shortly before 10 p.m. He said there was an issue with the plane's communication system.

THE CANADIAN PRESS

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News in brief

Battle brewing over $1.4B bill

U.S. CONGRESS. In an indication of coming tensions with the GOP-controlled House, U.S. President Barack Obama yesterday signed into law an overhaul of the nation's food safety system as Republicans talked of withholding $1.4 billion needed to put the new requirements into place.

Congress passed the bill at the end of the year after several serious outbreaks of E. coli and salmonella poisoning in peanuts, eggs and produce in the past few years. It would increase inspections at food processing facilities and allow mandatory recalls of tainted products.

THE ASSOCIATED PRESS

Churches take precautions

TERRORISM. Coptic churches in Canada are on alert as they prepare to celebrate the birth of Christ this Friday, following a terrorist attack on a Coptic church in Egypt on the weekend that killed at least 21.

THE CANADIAN PRESS

Canada's spy agency blasted in 2010 audit

A top-secret audit says the international wing of CSIS isn't passing muster. Scan code for the story.

Bus riders furious over 14-hour stop

Greyhound statement blames 'unforeseen weather conditions and resulting road closures' for marathon delay Passengers not buying it

KARINA HUNTER/ONTARIONEWSNORTH.COM/THE CANADIAN PRESS

Greyhound passengers mull about at a gas station in White River, Ont., Monday during a 14-hour ordeal.

Angry Greyhound passengers were contemplating legal action against the bus company yesterday for being left to fend for themselves for some 14 hours in a small town in northern Ontario.

Many of the more than 100 westbound passengers who were stuck in White River, Ont., on two buses said Greyhound added insult to injury by giving them the runaround when they sought answers.

"It was just a brutal experience," Paul Hitchin said yesterday after finally arriving in Calgary.

"I've never seen a company do something like that to people and not care anymore."

Passengers said the buses pulled into a gas station in the town of 840 for what they expected to be a pit stop.

A driver told them it was snowing out and to "sit tight." He then checked in at a nearby motel.

"That was the last we seen of our driver," said Hitchin, who paid $600 for his round trip, and was en route from Barrie, Ont.

Passengers, including small children, at least one diabetic and some low on money, were forced to wait on the bus or hang out in a donut shop from about 3 a.m. to 5 p.m. Sunday.

"They didn't offer us an apology, no nothing. I'm never going to use Greyhound again."
JASON HOLLINGSWORTH, A PASSENGER WHO SAID THE 14-HOUR DELAY COST HIM TWO DAYS OF WORK

They said only one Greyhound driver provided scraps of information on a few occasions.

Those who tried to reach a company representative by phone from White River were unsuccessful. Others complained that customer service representatives were hanging up on them when they tried yesterday to get answers. THE CANADIAN PRESS

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ARKANSAS MYSTERY

Scientists speculate on birds' deaths

Celebratory fireworks likely sent thousands of discombobulated blackbirds into such a tizzy that they crashed into homes, cars and each other before plummeting to their deaths in central Arkansas, scientists say.

Still, officials acknowledge it's unlikely they will ever pinpoint a cause with certainty.

So for the small town of Beebe, Ark., where New Year's revellers spent the holiday weekend cleaning up between 4,000 and 5,000 dead red-winged blackbirds, the mystery of why the birds fell out of the sky remains unsolved.

Some speculated Monday that a bout of bad weather was to blame. Others said one confused bird could have led the group in a fatal plunge. THE ASSOCIATED PRESS

Alleged assassin caught on camera

- Police say Filipino councilman was shot seconds after photo taken
- Two suspects arrested Monday

REYNALDO DAGSA/THE ASSOCIATED PRESS

▶ In this handout photo provided by the Dagsa family, an alleged assassin aims his gun at Councilman Reynaldo Dagsa

Philippine police investigating the New Year's Eve shooting death of a local councilman did not have to look further than the last photograph the victim took. That photo led to the arrest of two suspects.

The picture, taken outside the councilman's house in metropolitan Manila, clearly shows a man aiming his gun from behind the victim's smiling three-member family, seconds before he was shot.

The relatives — Councilman Reynaldo Dagsa's wife, daughter and mother-in-law — are seen standing beside the family's car, which has lights on, and the gunman, wearing a baseball cap, is bracing himself against the vehicle and pointing his gun at Dagsa. His face is slightly obscured by the gun.

The car was parked along an alley outside the Dagsas' house. In another corner of the photograph is a man police identified as the assassin's lookout.

Police said yesterday that Dagsa died of his wounds by the time he reached a hospital. His family gave police the photo, which ran on the Philippine Daily Inquirer's front page yesterday.

Caloocan city police Chief Jude Santos said a man identified as the gunman in the picture was arrested Monday. His accomplice also was arrested in a separate raid in Manila the same day, Santos said.

He said the main suspect was a car thief who was out on bail and likely sought revenge against Dagsa for ordering his arrest last year.

Dagsa's wife and daughter, speaking to reporters at their home yesterday, said the victim had asked them to wake him up before the stroke of midnight so he could join in the usually noisy New Year's street revelry that comes with lots of firecrackers.

The family members said they did not hear a gunshot because the firecrackers were exploding all around them. They only saw Dagsa falling to the ground after he was hit.

They said they rushed him to the hospital but it was too late. THE ASSOCIATED PRESS

Horse dies in car-buggy collision

A horse died and a buggy driver was taken to hospital after a head-on collision with a car in southwestern Ontario.

Provincial police say the collision happened Monday when a car tried to pass a truck on Airport Road near Norwich, Ont. The horse was killed by the impact, while the buggy driver was taken to a London, Ont., hospital. THE CANADIAN PRESS

Charges in Manitoba weapons bust

Two northern Ontario men have been charged following a weapons bust in Manitoba last month.

Robert McGillivray of Dryden faces dozens of charges including possessing a prohibited weapon for the purpose of trafficking. Roger Nordlund, also of Dryden, faces one count of possessing a prohibited weapon for the purpose of trafficking. THE CANADIAN PRESS

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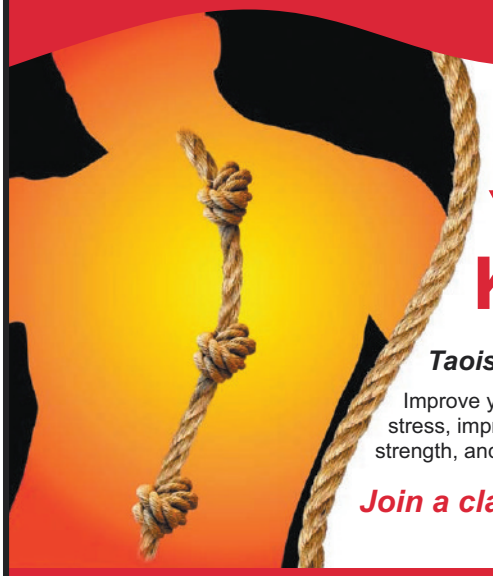

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Girls in sticky school mess for supporting team

Windsor Catholic school suspends eight Grade 12 students Duct-taped tops a long-standing tradition

Some Grade 12 students in Windsor were suspended for a day after spelling out support for their hockey team on tops made of blue duct tape.

The eight girls from St. Joseph's Catholic High School spelled out "Go Lasers" at the annual game between their school and F.J. Brennan High School for the Father Zakoor Cup.

The game was Dec. 17, the last day of school before the holiday break, so the suspensions were served yesterday.

While it has been a long-standing tradition, the girls were warned they would face suspensions if they wore the duct tape tops with the letters.

"I know we were warned but we didn't want to miss out on anything. Everyone's always done it. We wanted to be a part of it."
SUSPENDED STUDENT, ST. JOSEPH'S CATHOLIC HIGH SCHOOL

The Windsor-Essex Catholic District School Board is backing the suspensions, saying that in the past some students displaying the letters have not dressed appropriately.

One of the suspended students said the girls promised not to show any skin, but the school board rejected their proposal.

"I know we were warned but we didn't want to miss out on anything. Everyone's always done it. We wanted to be a part of it," the student said.

"We thought we met the school dress code. We did what we wanted to do, but followed the rules that apply to any dress-down day."

The student said the girls could be barred from their prom because of their actions.

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U.S. navy fires aircraft carrier commander

Many sailors aboard USS Enterprise at the time have defended Capt. Owen Honors on Facebook postings

The U.S. navy brusquely fired the captain of the USS Enterprise yesterday, more than three years after he made lewd videos to boost morale for his crew, timing that put the military under pressure to explain why it acted only after the videos became public.

Senior military officials said they were trying to determine who among Navy leaders knew about the videos when they were shown repeatedly in 2006 and 2007 to thousands of crew members aboard the nuclear-powered aircraft carrier.

An investigation by U.S. Fleet Forces Command also is seeking to determine whether Capt. Owen Honors was reprimanded at the time.

U.S. NAVY/THE ASSOCIATED PRESS

▶ Capt. Owen Honors

Just two days after the videos were shown repeatedly on television, the navy called a news conference yesterday in Virginia to announce that Honors was stepping down as ship commander and being reassigned to administrative duties ashore.

"After personally reviewing the videos created while serving as executive officer, I have lost confidence in Capt. Honors' ability to lead effectively," said Adm. John Harvey, head of U.S. Fleet Forces Command. Harvey declined to answer questions from reporters.

The Pentagon said the disciplinary system isn't foolproof but generally works.

"There are always going to be people do things they shouldn't," said Marine Corps Col. Dave Lapan, a Pentagon spokesman. "They will be held accountable." THE ASSOCIATED PRESS

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If interested please contact the study coordinator at 416-340-4800 ext. 8886.

Flooded Australian city braces for more

Swollen rivers and flooding have killed 10 people in Queensland state since late November: Police

Floods that have cut air, rail and road links to an Australian coastal city are now threatening its sewage plant, and waters were still expected to rise another few feet before peaking today.

Residents of Rockhampton made their way in boats through waters that reached waist-high in some areas yesterday but were warned not to wade into them since snakes and crocodiles could be lurking.

A huge inland sea spawned by more than a week of heavy rain across Queensland state is making its way along the Fitzroy River toward the ocean — and Rockhampton lies in the way. As waters drain, the city of 75,000 people was expected to see flood levels rise another half-metre by today.

The river has already burst its banks, inundating houses and businesses in waters ranging from a few centimetres to waist-deep.

THE ASSOCIATED PRESS

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▶ In this photo provided by the Rockhampton regional council, water inundates the suburb of Depot Hill at Rockhampton, Australia, yesterday.

Man cleared by DNA declared innocent

"It's a joy to be free again."

CORNELIUS DUPREE JR.

A Texas man had his conviction overturned yesterday for a rape and robbery after serving 30 years in prison, more time than any other inmate exonerated by DNA evidence in his state.

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Britain calls the shots on pub beer glass sizes

Britain's government has pledged to help reduce excessive drinking Consumption up 40% since 1970

Britain is calling time on more than 300 years of history by relaxing rules on pub glass sizes.

Pubs will soon be able to serve a smaller beer, holding about 400 millilitres — a measure popular in some parts of Australia where it is known as a schooner.

Science Minister David Willetts said yesterday that centuries old rules governing the sale of alcohol are being relaxed in response to health concerns and following demands from businesses to sell sizes better suited to modern waistlines and wallets.

Willetts said legislation would be introduced within months, allowing pubs and bars to serve smaller glasses of beer and wine.

568

The British pint, a 568-millilitre pour, has been the standard size for beer or cider since it was introduced in 1698. Bars are currently permitted to serve beer only as a pint, or as a third or a half of that measure.

The change may also help Britain's government reduce the country's seemingly unquenchable thirst for alcohol.

Willetts said the new rules would also allow drinkers to buy smaller servings of wine, in a 75-millilitre glass. Current laws mean bars aren't allowed to sell wine in glasses smaller than 125 millilitres, preventing premises from offering customers small samples of pricey bottles.

Lawmakers had also previously raised health concerns over a trend for bars to serve wine only in giant 250-millilitre goblets, rather than the smaller 125-millilitre glass.

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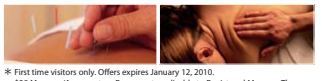

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CHILI - the red hot way of losing weight!

Eating chili can make you lose weight by speeding up your metabolism and burning fat, scientists have found. Researchers show that heat generated by the spicy food oxidizes layers of fat as well as increases metabolism.

Now those with sensitive taste buds can also benefit from peppers without having to endure the stinging aftertaste. An equivalent of the main chili ingredient, capsaicin, has been found in a non-spicy variety. This means that we can gain the fat burning effect of chili without the risk of stinging our taste buds or stomachs. This non-spicy version of chili is now found in supplement form.

Clinically proven to burn fat!

Researchers at the University of California studied the effects of chili on the diet after becoming intrigued at the manner in which the spicy fruit makes those who eat them sweat. They fed 34 men and women a low-calorie diet, supplemented with either non-hot version of pepper or placebo pills.

They found that levels of energy expended by those given the highest amounts of capsaicin were almost double those of the subjects who had been given the placebo.

Green tea and chili - The strongest combination for fat burning

The current best selling natural ingredient for fat loss is green tea. Now studies show that chili and green tea together complement each other and burn more fat than either one alone. Scandinavian manufacturer New Nordic has recently launched their natural product Chili Burn in Canada. The product is based on this research and further adds ginger and dill in the composition.

Chili Burn, which is now the no.1 fat burning supplement in Scandinavia, is available in Canada at Shoppers Drug Mart, Loblaws/Superstores/Extra Foods, GNC, and other participating health food stores and pharmacies.

For more information, please call 1-877-MY NORDIC (696-6734) or visit us at www.newnordic.ca.

Big 3 race down road to profits

Trucks turn car sales slump at Chrysler into 4.2% overall increase
Ford says F-Series trucks on roll

Several automakers say overall sales in Canada broke records last month, with Ford and Subaru having their best December sales in more than a decade.

Sales at Ford were up 8.6 per cent as it sold nearly 20,000 vehicles in total last month, the vast majority being trucks.

Chrysler Canada said it sold 14,407 vehicles, an increase of four per cent from last December.

At General Motors, car and truck sales of core brands — Chevrolet, Buick, GMC and Cadillac — totalled 20,160, including fleet sales, up from 17 per cent from 17,243 a year ago.

THE CANADIAN PRESS

Top sellers

- **Ford:** Lincoln MKX crossover and Escape SUV saw some of the biggest gains at 44 per cent and 35 per cent, respectively.
- **Chrysler:** Dodge Rams and Jeep Grand Cherokee sales led the way.
- **Honda:** Sales of Odyssey minivan and Acura TSX compact luxury car both doubled, with record sales of Fit, up 10 per cent.
- **Mazda:** Sold more Mazda2 subcompacts and CX-7 crossovers in December than any other month.
- **Subaru:** Sales of Outback crossovers beat a record set 10 years ago.

Asia. Markets

▶ Traders work on the Tokyo Stock Exchange yesterday.

KOJI SASAHARA/THE ASSOCIATED PRESS

Stocks off to good start

Asian stocks rose yesterday following positive economic data from Europe and the U.S. Markets in Japan, Australia, New Zealand and mainland China reopened after the New Year's holiday to start trading in 2011. Japan's Nikkei 225 stock average rose 1.4 per cent to 10,373.85, South Korea's Kospi advanced 0.3 per cent to 2,076.52, and Hong Kong's Hang Seng index added 0.4 per cent to 22,353.13.

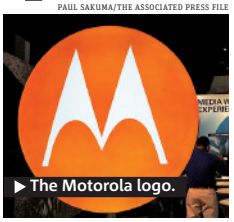
Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
– 40.91 (13,402.31)	– 0.39¢ (100.15¢ US)	– $2.17 US ($89.38 US)	$4.650 (– 1.9¢)	$1,378.80 (– $44.10)

Motorola spins off into 2 companies

PAUL SAKUMA/THE ASSOCIATED PRESS FILE



▶ The Motorola logo.

After years of preparation, consumer-electronics pioneer Motorola Inc. formally split into two companies yesterday — one for its consumer-oriented businesses such as cellphones, and the other for police radios and other products targeted at professionals.

Shares of the consumer-focused Motorola Mobility Holdings Inc. rose as high as $33.45 yesterday, while its other business, Motorola Solutions Inc., fell. The shares were trading on the New York Stock Exchange with the ticket symbols MMI and MSI, respectively.

Although Motorola began by making car radios, TVs and cellphones, the company has since expanded into police radios and barcode scanners aimed at government agencies and large businesses.

The company has become increasingly diverse, and the breakup that began in 2008 is motivated by the desire to present two simple businesses to investors rather than one complicated one.

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PAUL 2.0 LOOKING FOR A 2011 UPGRADE

Just sayin'

PAUL SULLIVAN

"Be at war with your vices, at peace with your neighbours, and let every new year find you a better man."
— Ben Franklin

I'm not sure if Ben Franklin invented New Year's resolutions, but he invented everything else, so let's give him the benefit of the doubt.

Every year, I go looking for a better man to take my place, but for some reason I can never find one, so I try to improve on the current model: Paul 2.0.

Of course, I'm not the only one. Most of us are unwrapping our 2011 calendars with the same sense of deluded optimism. And if our optimism doesn't seem deluded now, I'll check in again Dec. 31 and see how you feel.

According to the Farmer's Almanac, the Top 5 New Year's resolutions are: 1. Lose weight; 2. Pay off debt; 3. Get in shape; 4. Eat right; 5. Reduce stress.

All admirable goals. If you're like me, you've probably achieved each and every one.

For example, I have no trouble losing weight. And even less trouble putting it back on again.

I pay off debt like crazy. I'm never without debt to pay off.

I'm in shape. Pear shape.

I eat right. And left. And sometimes with both hands at the same time.

And I reduce stress by overeating, retail therapy, and taking to the couch, preferably all three at once.

"Maybe it's not you or me after all; maybe the resolutions are unrealistic ... We need less ambitious resolutions."

I can't figure out why Paul 2.0 is so elusive. I have the blueprint, and if that doesn't work, every talking head on the planet knows how to keep my New Year's resolutions. All I have to do is …

Maybe it's not you or me after all; maybe the resolutions are unrealistic. (Maybe? Have you ever met a successful resolution keeper? I didn't think so.) We need less ambitious resolutions.

So, this year, I resolve never to turn left without signalling. I resolve to tie a double knot so my shoelaces don't come undone. And, as a bonus resolution, I'm going to put the toilet seat back down!

Now these are resolutions that have a chance of being kept. If you think they lack a certain, um, resolve, let's compare notes again Dec. 31 and see who kept what.

Let's give the Father of All Resolutions the last word, this time on the whole idea of resolutions: "Resolve to perform what you ought; perform without fail what you resolve."

Next year, I might try that.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Cartoon

MICHAEL DE ADDER

Scientists move ahead

Worth mentioning

No more guessing

Dutch and Polish scientists have discovered that DNA can be used to predict people's hair colour, leading to the possibility of using the findings in future forensic investigations to identify individuals.

In a study published this week in the journal Human Genetics, a team of scientists led by Manfred Kayser, head of the department of forensic molecular biology at Erasmus Medical Center in Rotterdam, found that DNA can predict with an accuracy of more than 90 per cent whether a person has red or black hair.

They also found that by using DNA samples, they can predict with an accuracy of 80 per cent whether a person's hair is blond or brown.

Scientists collected hair samples from 385 Polish people between 2005 and 2009. The hair colour was classified into seven categories: Blond, dark blond, brown, auburn, blond-red, red, and black. Previously, red hair was the only hair colour that could be predicted from DNA.

Kayser and his colleagues also found that their DNA approach allowed them to differentiate hair colours that are similar, such as someone who might have blond hair versus another person who might have dark blond hair.

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Metro Minute at the Tranzac

Tucked away in a little corner on Brunswick Avenue, the Tranzac — an abbreviation of Toronto Australia New Zealand Club — may be the city's only space dedicated to the world's smallest continent.

In the 40 years since the club settled at its current location, it has evolved into a de facto gathering spot for locals to hear great indie bands and partake in a bit of organic culture.

The most recent addition, a stocked zine library, should cement its status as a hipster haven.

And if that doesn't do it, the Wednesday night drawing club will. Bring a pencil, some paper and your best "liger" scenarios.

JORDANA DIVON

JORDANA DIVON/FOR METRO

▶ The Tranzac's zine library at 292 Brunswick Ave. now hosts a drawing club every Wednesday night. Check tranzac.org for more info.

2 scene

SNL

Jim Carrey and Gwyneth Paltrow will kick off the new year for Saturday Night Live with back-to-back hosting gigs. NBC said yesterday that Carrey will preside over this week's edition. Paltrow will take her third turn at hosting the show on Jan. 15.
THE ASSOCIATED PRESS

ScanLife

Roger Ebert's new movie-review show names film critic Ignatiy Vishnevetsky as a co-host

HANDOUT/THE ASSOCIATED PRESS

▶ Stephen Campbell Moore, left, Nicolas Cage and Ron Perlman all star in the Season of the Witch.

Scratching his scary movie itch

Nicholas Cage dives into genre with new sequence of movie releases Season of the Witch is up first

NED EHRBAR
SCENE@METRONEWS.CA

Nicolas Cage kicks off 2011 by heading back to the 14th century for Season of the Witch. Cage sat down with Metro to talk about how he chooses his roles, working with wolves and what's still on his to-do list.

With this film, last year's The Sorcerer's Apprentice and your upcoming Drive Angry, you're doing a lot of supernatural movies lately.
I've always had an interest in it. It's just that lately there's been more of them in sequence — and that's by design, because I did want to show that I was choosing my roles, that these were opportunities to me that were being selected to create a kind of new body of work. And I think it's because I don't want to feel tied down.

The sequence in the film when you're attacked by wolves looked pretty harrowing.
That was interesting. They're still wild. You read stories about things going horribly wrong. They're feral, you know? I mean, some of those shots the wolf was right there, right by my face. And I had a few visions of my face coming...off. No pun intended.

How was it filming in such remote locations?
I just kept waking up every day so happy to be there. To make a movie in that environment was really a huge pleasure for me. You can tell the difference. There were some special places we went to also that were like Celtic sacred sites. Some of the forests in the Austrian alps were some of the first areas that those people started to congregate. It was kind of magical.

Is there a genre you haven't done yet that you'd like to?
Well, I haven't done a musical yet, and I'd like to try that at some point. But I don't know what it would be. But yeah, I'd find that interesting.

Do you think you've scratched your scary movie itch?
I hope I have more than one. And I'm hoping that one day, when I get a little more time, I can direct one. That's the plan, but that's probably not going to be until I get into my 50s.

What type of scary movie do you think you'd like to direct?
I think it's a mixture of the kind of Japanese dream logic that we see in movies like Ringu and The Grudge combined with a sort of antebellum southern United States grandiosity.

I'll try to find a way to marry those two elements to make a horror film. I was thinking about a... well, I don't know if I should talk about it because I haven't written it yet.

In Focus

RICHARD CROUSE
SCENE@METRONEWS.CA

NICHOLAS IS A CAGED ANIMAL

Season of the Witch star has built his career on giving the all-or-nothing performance

A cleverly edited YouTube video featuring a montage of Nicolas Cage "losing it" in the movies has racked up 1,677,816 views, which is probably more people than saw his recent trilogy of Razzie Award worthy work, The Wicker Man, Bangkok Dangerous and Knowing.

The vid is an eye opening look at Cage's trademarked brand of extreme acting; a method of over emoting perfected in the 66 movies he's made since his debut (under his real name Nicolas Coppola) in 1982's Fast Times at Ridgemont High. Citing The Incredible Hulk star Bill Bixby as a major acting influence, he has always been, for better and for worse, one of our most completely fearless (and koo koo bananas) actors.

This weekend's Season of the Witch promises an extra helping of full throttle Cage and will likely do some bang-up box office, but the actor has made many other, lesser known movies that are also worth a look.

One writer called Cage's work in Vampire's Kiss "a grand stab at all-out, no-holds-barred comic acting or one of the worst dramatic performances in a film this year" and 21 years after those words were written it's still hard to judge. The story of a man who may — or may not — be turning into a vampire is best remembered as the movie in which Cage ate a live cockroach, but also features one of his most unhinged performances.

A few years later came Red Rock West, a genre busting movie that unfairly barely made it to theatres. Cage hands in some of his best work as a broke but honest drifter, but only took the role after Kris Kristofferson turned it down.

At the intersection of Vampire's Kiss and Red Rock West is Wild at Heart, a film that perfectly showcases Cage's manic energy. As Sailor, he's a one of a kind Elvis wannabe with a snakeskin jacket and an attitude. It's a bravura performance that, like the jacket which he says, "represents a symbol of my individuality," is a symbol of his artistic individuality.

Dating Bieber comes at a cost

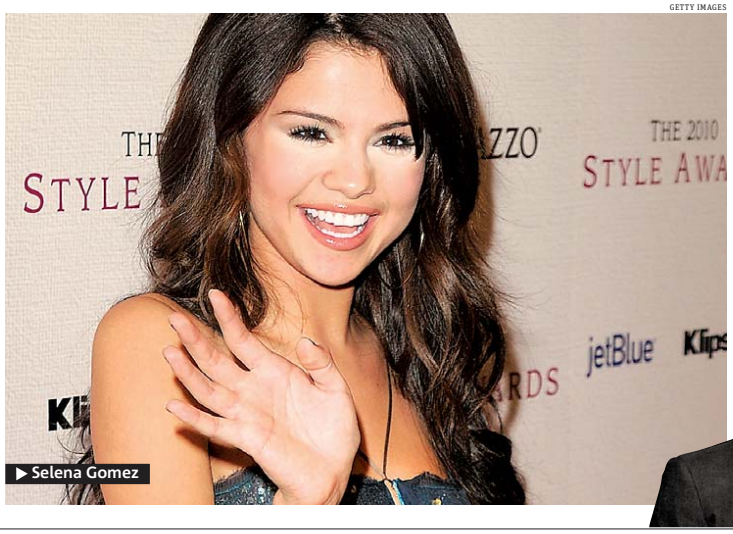
Disney star caught canoodling with Bieber in the Caribbean over the holidays Since then, Gomez has received death threats over Twitter

Selena Gomez is learning that being romantically linked to Justin Bieber can be dangerous, according to the Daily Mail.

The 18-year-old Disney star was photographed canoodling with the 16-year-old singer on a yacht in the Caribbean over the holidays, and since then she's been receiving death threats from Bieber's fans on Twitter.

"Roses are red, violets are blue, [Selena Gomez] if you'll break [Justin Bieber's] heart I'm gonna kill you," wrote one fan. Another posted, "If you are the girlfriend of Justin, I will kill you. I hate you." Neither stars have responded to the posts. METRO

GETTY IMAGES



Selena Gomez

Talking points

Reynolds, Bullock just friends?

Sandra Bullock has reportedly been spending a lot of time with Ryan Reynolds lately, prompting speculation they're romantically involved.

But sources tell Popeater that isn't the case — yet. "They love spending quality time together," a source says.

"But they are not a couple, at least not yet. They are both newly single and leaning on each other for support... Any rumours of them being together and splitting up Ryan's marriage to Scarlett [Johansson] are false." METRO

Celebrity tweets

Neil Patrick Harris [@ActuallyNPH]

I'm a grown man. I'm 37 years old. And yet, I still giggle when anyone says the word 'duty.' Why is that?

Simon Pegg [@simonpegg]

Enjoying a lovely chef's salad right now. I mean the salad is lovely not the chef. Although s/he probably is. S/he made the salad. Mmmm salad.

Kirstie Alley [@kirstiealley]

Sitting midst a Winter Storm...ahhhh gotta LOVE the drama...unless you are a stray cat....so all STRAYS go to the South garage door. WELCOME

3 life

News in brief

Evening outdoor activities in wintertime can be in short supply. But for those inclined to venture into the frigid dark, here's a suggestion from Quebec City Tourism: dogsled rides by torchlight.

Two companies in the area offer the experience, the association says in a newsletter.

Aventure Inukshuk takes two people per dogsled on 1½-hour rides, followed by a cocktail served by candlelight in a yurt.

Aventures Nord-Bec Stoneham offers a package that includes dinner, a dogsled ride and a cocktail served in the woods.

THE ASSOCIATED PRESS

ScanLife

Team snowball fights added to Fur Rondy winter festival in Anchorage

A historical tour of Rue Ste-Catherine

Montreal museum takes a look at the city's most famous street's past

11 kilometres and 250 years brings with it plenty of good stories

Few people have probably thought about the rich history of Montreal's Ste-Catherine Street as they darted in and out of its restaurants and shops.

It's unlikely they dwelled much on it either as they walked past its homes on the way to some outdoor concert at the Montreal International Jazz Festival or took in an event from some other festival.

A new exhibit entitled Sainte-Catherine Street Makes the Headlines, at Pointe-a-Calliere, the Montreal Museum of Archeology and History, aims to change that.

"For the museum, the idea of presenting an exhibit on the history of Ste-Catherine Street was quite important," says Anne-Elisabeth Thibault, the project manager for the exhibit, which runs until April 24.

"It's one of the most popular streets — if not *the* most popular street — in Montreal."

Francine Lelievre, the museum's executive director, says that besides being a vital artery, Ste-Catherine Street is "a valuable witness to Montreal life, as well as one of its most faithful reflections.

"This is a wonderful opportunity to salute the 250-year history of such a symbolic thoroughfare, in the first exhibition on the subject, based on original research."

The museum team were aware that the show had to be accessible not only to locals but also out-of-towners who figured their burg had its own iconic street.

"When we thought about our exhibit, we really wanted to put it up not only for Montrealers but for people who would not know the street, who would be able to discover it through this exhibit," Thibault says.

The street's story is told through several themed sections using 230 artifacts, 300 pictures and 31 film clips in the large room of the Old Montreal museum.

"A little bit of the Forum is in this exhibit," notes Thibault as she perches on one of the seats from the Old Forum, as the building is referred to by locals.

The Forum, which is one of Ste-Catherine Street's most famous venues, was replaced as the Montreal Canadiens' home in 1996 by the Molson Centre, which was later renamed the Bell Centre.

Ste-Catherine Street's 11 kilometres has seen a lot of history in its 250 years, and the intersection of Peel and Ste-Catherine is often touted as one of Canada's important crossroads, right up there with Winnipeg's Portage and Main.

It's name is a source of mystery — some tales say it came from an apparently illegitimate daughter of Louis XV who lived in the city. Others say it comes from the daughter of Jacques Viger, the inspector of roads in 1813.

For more info go to pacmusee.qc.ca/en/home.

THE CANADIAN PRESS

FLICKR: MOVETOMONTREAL.COM

▶ Montreal's Ste-Catherine Street is one of the most famous streets in Canada.

THE CANADIAN PRESS/MUS E POINTE-A-CALLIERE/MICHEL JULIE

▶ View of the exhibition room at Pointe-a-Calliere at the Montreal Museum of Archeology and History that has a new exhibit on Ste-Catherine Street.

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Enjoying the backcountry

Winter is a great time for some outdoor fun just make sure to be prepared for the conditions

DONNA LAWLOR/THE ASSOCIATED PRESS

▶ The solitude, quiet and frozen cold of a winter landscape are great reasons to head outdoors in January and February. You can snowshoe, ski, trek or go sledding. Sleds make a great way to haul your gear instead of a backpack.

The solitude, quiet and frozen cold of a winter landscape are great reasons to head outdoors in January and February. You can snowshoe, ski, trek or go sledding. Sleep overnight in a tent, lean-to, yurt or cabin.

But the backcountry in winter can also be a challenging landscape to stay safe in, and if things go wrong, they can go wrong fast. Here are a few tips on safely enjoying backcountry activities in the winter.

PLANNING

Going with someone knowledgeable about winter trekking is critically important when you're a novice. They can help with your gear list, plan a reasonably distanced overnight or day excursion, and give you practical tips and guidance along the way.

Preparation is your most important step. Winter trekking is perfectly suited to the neurotic personality because the creation of lists and piles of stuff is key: clothing, gear, food, routes, contacts - it seems to never end. And once out in the frozen deep, the methodical mind is forced to slow down to survey, assess and physically get through the landscape.

Outdoor clubs are a good resource for the novice and experienced hiker alike. They have loads of free information on their websites, and for small membership fees typically offer discounts on backcountry lodging, sponsored trips, classes, maps, and gear.

GETTING DRESSED

There is a constant heat challenge travelling in the backcountry. The balance is to stay warm, dry and well-fed and hydrated when you travel."

Getting dressed for winter activities is all about layers. Put them on and take them off to regulate your body temperature. It may not produce the most flattering look, but you'll be happier (and safer!) if you do it right. Generally you should employ the three-layer system: base, insulating, and shell.

DISTANCE

Generally, winter travel takes longer than treks in other seasons. Plan on covering just a third of the ground you normally would in non-winter conditions. If there's snow, it simply takes longer to plow through it, and you'll spend more time just finding the trail.

The gear you'll need depends on the activity you've chosen and how long you'll be out.

So start slowly. Short day hikes under 1.6 kilometres can still be incredibly satisfying."

The roads also make it easier to pull a sled, instead of hauling all your gear in a backpack.

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RANDALL SHIRLEY/METRO

Europe's new gay capital: Prague

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Most of the gazillion tourists who stroll across Prague's most-famous landmark don't realize it, but the Charles Bridge was built for a king who may have been a "queen." Charles IV, who was the backer of much of Prague's exquisite 14th-century architecture, is believed by gay Czechs to have been one of their own.

Prague, it seems, has been gay-friendly for a very long time.

Near the bridge, local tour guide and anthropologist Petr Prokopík pauses our gay tour group at a statue of strikingly handsome Charles to explain that the much-loved king's marriages were all dubious and politically motivated. Charles banished women from the castle — even as servants, spent most of his time in the company of men, and left a legacy of beautiful architecture. Yes, Petr says, Charles was likely gay.

In the 21 years since the Czech Republic escaped the grip of communism, the capital city has become a magnet for travellers who come to explore Europe's most impressive collection of architecture and interior design — including stunning examples of Gothic, Baroque, Rococo, and more recently Cubist and even Soviet styles — most of it untouched by the bullets of wars that shattered other European cities. Prague's treasure trove of design makes it the perfect European city for gay travellers. But what gays find in Prague is a city that gives Amsterdam a run for the title of "most gay-friendly city in Europe."

"It is not an issue to be gay in the Czech Republic," Prokopík explains. "Czech people don't care if you are gay."

While other European countries' gay-friendly attitude evolved despite religion, 90 per cent of Czech people have no religion at all, thus less judgment about who sleeps with whom. And it wasn't 40 years of communism that made Czechs free thinkers: turns out their ancestors dumped religion several hundred years ago in a clash between conquering Catholics and local protestants.

Today, "Queen" Charles' beautiful Prague remains a very progressive place, with gay-friendly boutique hotels, a gay pub, and a gay strip club in the middle of town where travellers want to stay. A half-dozen other clubs and restaurants are clustered in the Vinohrady neighbourhood where most of Prague's gay residents live, which is an easy five minute taxi ride from the centre.

WRITER RANDALL SHIRLEY BLOGS AT 5FAVES.COM. HE TRAVELLED MOSTLY AS A GUEST OF CZECH TOURISM

Fashionistas

- **Sloboda.** With Prague's legacy of creativity and design, it comes as no surprise that one of Europe's up-and-coming fashion designers is the city's current favourite gay son: Jozef Sloboda.
- **Casual fashion.** At his smart shop in the city's Wenceslas Square area, self-trained ("I started by making my sister's dresses") Slodoba's casual fashion for men — shirts, jeans, jackets, hats, underwear— is strikingly fresh and unique ... and expensive.
- **Gay travellers.** Sloboda credits gay locals and travellers with much of his early success that today includes a large straight clientele as well.

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Barcelo Bavaro Beach & Caribe (3+)	1295	1275	1375	1375	1425	1435
Barcelo Bavaro Casino (3+)	1059	1045	1135	1125	1145	1185
Barcelo Bavaro Palace (4)	1227	1275	1312	1396	1316	1416
Barcelo Dominican Beach (3+)	1122	1145	1180	1225	1180	1270
Barcelo Punta Cana (4)	1092	1092	1102	1222	1122	1222

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5 top gay travel destinations

Looking for the best gay-friendly spot for your next holiday? Thinking San Francisco, London or New York? Think again, and look beyond the obvious, say some of the world's leading travel agencies. The industry offers five of the best up-and-coming gay-friendly tourist hotspots, in all corners of the world and for every budget!

FLICKR: BRIANMKA

1
Buenos Aires Argentina

The South American nation recently became the latest country to legalize same-sex marriages and with a very vibrant gay and lesbian community, cultural scene and low prices, it is one of the best new destinations in the world.

Look out for one of the dozen new gay-friendly boutique hotels in trendy Palermo Soho, a neighbourhood packed with stores, restaurants and clubs.

FLICKR: FLYNNBYU

2
Curaçao The Caribbean

Named the best new gay tourist destination in 2009 by the travel agency TripOut Gay, the Dutch Caribbean island is seen as a small version of the European country, with its relaxed attitude, coupled with paradise beaches and all-year-round sun.

FLICKR: MARC_SMITH

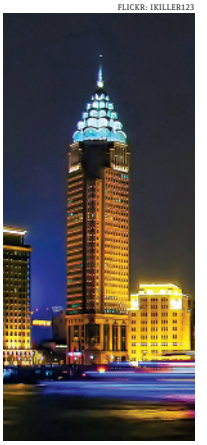
3
Cape Town South Africa

The second-biggest city in South Africa has been named the second most gay-friendly city in the world in a survey by travel website Expedia Australia (Sydney is number one).

According to the travel agency, Cape Town combines breath-taking natural sights with plenty of gay-friendly bars, clubs and accommodations to choose from and for all budgets.

Visit the city in February for the two-week-long Cape Town Pride.

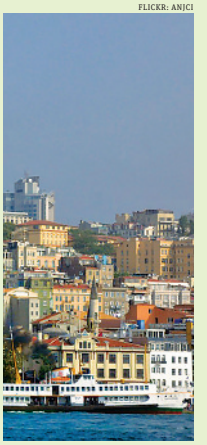
FLICKR: IKILLER123



4
Shanghai China

Recommended by Out Traveler magazine and runner-up of TripOut Gay Award 2009 for Breakout gay city, Shanghai is the place to be if what you're looking for is city-life with a growing gay scene. Packed with skyscrapers, shops, street food and the chance to escape to some of its small but beautiful, beaches.

FLICKR: ANJCI



5
Istanbul Turkey

Where the East meets the West, Istanbul's history, food, incredible architecture and friendly people make it an amazing travel destination. Add fantastic nightlife and a growing gay community and you have the perfect gay destination.

For more information check out outtraveler.com or tripoutgaytravel.com

METRO

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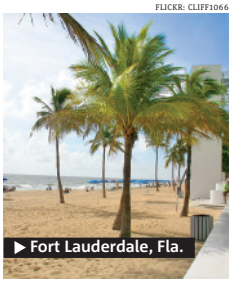

▶ Fort Lauderdale, Fla.

From mild to wild, Fort Lauderdale has it all

Not sure how you want to spend your vacation? Greater Fort Lauderdale has created an app to help you out. Called Mild to Wild, the mobile site offers suggestions on how to spend a day in the city — named America's Favourite Gay Resort Town by gay.com.

A "mild" experience could include a morning excursion to the Fort Lauderdale Antique Car Museum, an afternoon of pampering at Planet Massage, and an evening dinning at Da Campo Osteria at Il Lugano.

"Wild" options include morning surfing, an afternoon with the 'gators at Billie Swamp Safari, and a late night spent at Boardwalk Bar.

The Mild to Wild mobile site also includes suggestion based on the days you are planning so spend in the city, so you can customize your trip.

Greater Fort Lauderdale has more than 150 gay-owned businesses, and is home to the Wilton Manors — known locally as the gaybourhood.

Any trip to the city isn't complete without a visit to Sabastian Beach — located at the junction of Sabastian Street and the A1A. Can't find it? Look for the group of guys in speedos.

Visit glbt.sunny.org for more information.

METRO

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METRO WORLD NEWS

A heavy downpour would normally send me racing for cover, but after a day cycling west of Havana in temperatures around 30 C, rain was a welcome relief. Sudden showers aside, Cuba is a great place to go cycling.

The landscape is generally flat and even if you hit a hill, there's the lure of the downhill glide to keep your spirits from flagging.

Plus, it's always warm enough to wear shorts and T-shirt.

Because of the trade embargo put in place by the United States there are few cars on the road. This mean that millions of Cubans own bikes, which makes it a great way of bonding with the locals.

After a few days sightseeing in Havana, I joined a group employing pedal power for a tour around old colonial towers, through tropical forests, past coffee plantations and tobacco fields.

Our average distance was 38 kilometres a day. After a leisurely breakfast, we'd set off past men driving donkey and carts, and cycle for the morning (sometimes along car-free motorways), before stopping for a picnic lunch of moros y cristianos (rice and beans) and just-picked bananas.

As well as visiting the Bay of Pigs (site of the ill-fated invasion by U.S. forces in 1961) we stopped at Cienfuegos, a town founded by French immigrant farmers in the early 19th century.

The city of Trinidad was another highlight, with its cobbled stone

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▶ Taking a bike ride in Cuba is a great way to see the country and bond with the locals.

streets, colonial buildings and fantastic live music.

A few days cycling in Cuba will certainly make you fitter, but more importantly, get you closer to the fascinating country. All in all it's as much a revelation as a revolution.

The nightmare of no money

JOURNEY WOMAN

EVELYN HANNON
JOURNEYWOMAN.COM

It's every solo traveller's worst nightmare. What happens if my bank or credit cards are stolen? What do I do, who can help and how can I possibly avoid ending up with no money at all?

Unfortunately, I've learned that you can't protect yourself completely. You've got to plan for the worst and then try to be as savvy a traveller as possible.

In my backpack, I carry a plain school notebook that I've clearly labelled, My Travel Notes. This is actually the book where I write my findings for future articles, tape business cards and include some personal photos. This notebook gets quite dog-eared as I travel and that is a deliberate tactic on my part.

Now, this is the best part … So that I will never be without money, I tape five $10.00 bills and an extra credit card to the inside cover of this notebook.

Over it, I staple a copy of my itinerary which protects and hides this stash completely. Nobody ever suspects that there is money there.

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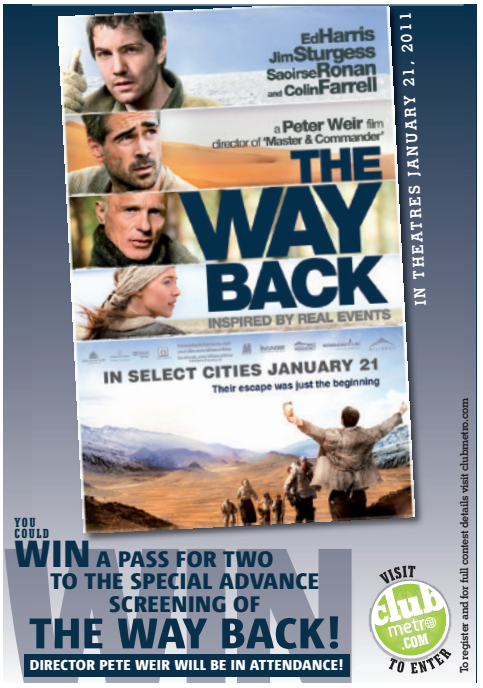


Comfort food goes healthy

Your favourite winter eats can also take a grown up approach

Winter comfort foods may be many things to many people, but they all tend to improve our well-being, perhaps fulfilling a need for warmth, both physical and emotional.

"They speak to me of my childhood, to things that make me feel warm and relaxed," says Ted Grant, an instructor at the Culinary Institute of Canada in Charlottetown.

Grant admits to a fondness for macaroni and cheese, but now that he's a professional chef he's been able to amp it up from the boxed and boiled version that brought him joy in his youth.

"Now as a chef I'll make a real nice cheesy sauce and, if I'm at home, have maybe a nice homemade noodle for it," he says, admitting to a fondness for shepherd's pie as well.

"It's a time for darker flavours, more earthy..."
MARKUS RITTER, OWNER AND EXECUTIVE CHEF AT THE EUROPA INN IN ST. ANDREW'S, N.B.

Grant says there are also guilt-free ways to enjoy sweets while experiencing a nostalgic nosh by avoiding refined sugar and using items like maple or agave syrup and honey.

"You can make fudges and great cookies. You can serve a child a cup of hot chocolate sweetened with honey rather than white sugar and they're not going to pick up on it."

THE CANADIAN PRESS

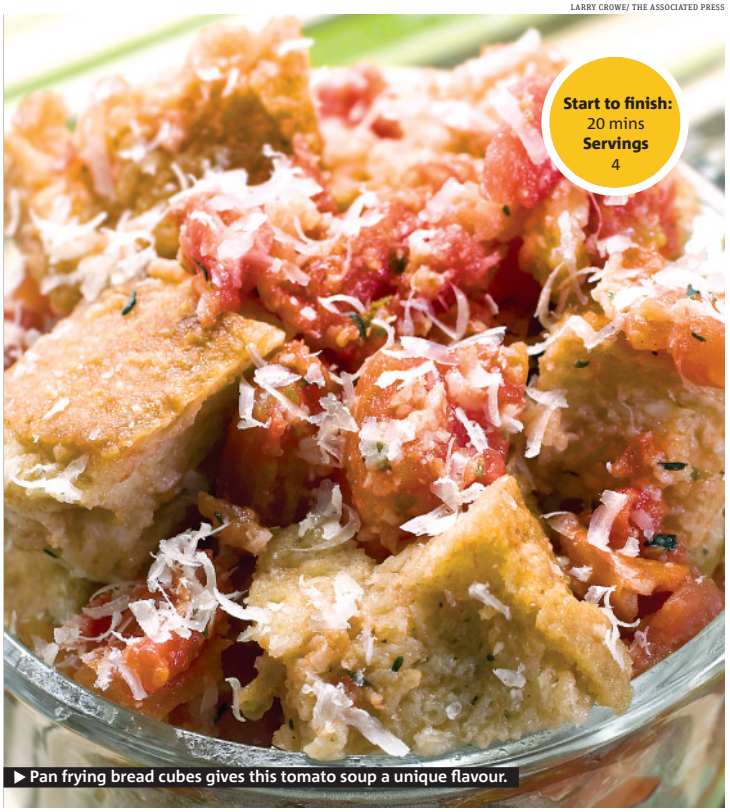
THE CANADIAN PRESS/ HAND OUT DAIRY FARMERS

▶ Vegetable pasta gratin is a healthy take on macaroni and cheese.

Not your average Italian soup

This pan-fried sourdough bread and tomato soup is a twist on tradition

LARRY CROWE/ THE ASSOCIATED PRESS



▶ Pan frying bread cubes gives this tomato soup a unique flavour.

Italian bread and tomato soup — known as pappa al pomodoro — is a wonderful way of using up stale bread and overripe tomatoes. It produces a richly savoury soup that is thick and satisfying enough to make a meal of.

It is typically made by sauteing onions and garlic, then adding tomatoes and cooking. Just before serving, cubes of stale bread, chopped fresh basil and a bit of chicken broth are stirred in.

With this approach, the order is reversed. Instead, you pan-fry cubes of bread in olive oil until crisp, then add the tomatoes.

The bread retains a nice chew and the tomatoes also have a nicer texture. It's a keeper.

Preparation:

1. In a large saucepan over medium-high, heat the olive oil.
2. Add the bread and toast, stirring frequently, for 5 minutes. The bread will quickly absorb the oil. Keep the bread moving in the pan so it toasts, but doesn't burn.
3. Add the wine, then continue toasting the bread for another 5 minutes. Add the thyme, oregano and garlic powder, then cook for another for 2 minutes.
4. Add the tomatoes and chicken broth, then mix well but gently. Continue cooking until heated through, then stir in the cheese.
5. When the cheese is melted, season with salt, pepper and add a splash of balsamic vinegar.

THE ASSOCIATED PRESS

Ingredients :

- 45 ml (3 tbsp) olive oil
- 450 g (1 lb) sourdough bread, cut into cubes (about 8 cups)
- 60 ml (1/4 cup) white wine
- 2 ml (1/2 tsp) dried thyme
- 2 ml (1/2 tsp) dried oregano
- 2 ml (1/2 tsp) garlic powder
- 796 ml (28-ounce) can diced tomatoes
- 250 ml (1 cup) chicken broth
- 125 ml (1/2 cup) grated Parmesan cheese
- Salt and ground black pepper, to taste
- Balsamic vinegar, to taste

Reinvent your resumé

Save your CV from the Stone Age and stay ahead of the competition

DREW HINSHAW
LIFE@METRONEWS.CA

It's the beginning of a new decade, flush with opportunities for the seizing — unless the resumé you're emailing employers still reads like an antique parchment relic from the paper century.

Today's unemployed enjoy an abundance of unorthodox tricks to creatively catch the attention of prospective hirers, from posting video, flash, or html-based resumés to taking out pay-per-click ads that plaster your credentials whenever a bored boss Googles "accountant."

But for fear of the unknown, as resumé coach Laura Smith-Proulx notes, all too many Jobless Joes are sticking by their one-page pdfs.

"The single page resumé with an objective up top really went the way of the dinosaurs," she says.

"A lot of people are still very reluctant to create something that's cutting edge because they've never seen a resumé that looks cutting edge."

If your idea of a breathtaking CV involves a Microsoft Word template, re-route your efforts into one of the free online resumé builders like VisualCV.com, President Louise Fletcher of Blue Sky Resumés recommends.

"Those kinds of things are great additions to a personal website," she says. "You can get a lot more information on there than on a traditional resumé, and you can show your personality more."

Plus it's convenient.

"People can choose to click on the link or not," she adds. And for overworked recruiters inundated with attached resumés, that ease of use makes the difference between "why not" and "no."

Relentlessly promoting your qualifications in 140-character Twitter blasts can grab the eye of the right HR rep, too, Proulx offers.

"It's possible that some companies may be exclusively recruiting in Twitter," she points out, so make sure your Twitter bio is up-to-date and snazzy.

If you're preparing anything more time-consuming, however — be it a video resumé or some nifty web art — don't bother sending it out to the company HR department.

"When you're doing something different, part of it is coming up with the creative presentation and part of it is being creative about who you get it to," Fletcher explains.

ALL PHOTOS: FLICKR: SOCIALISBETTER

▶ In a world where recruiters are inundated with hundreds of resumés, getting creative is a must.

"When you finish, you are definitely prepared to go to work. You are equipped with the latest techniques and knowledge, so you have the confidence to do the job."

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FAQ'S OF THE OFFICE

This year's top workplace questions answered

Workplace Law

DANIEL LUBLIN
IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.
DAN@TORONTO-EMPLOYMENTLAWYER.COM

Here are some of the most frequently asked questions I received in 2010 — and the advice I provide for employees in 2011.

Poor performance reviews: If you have received a review that you disagree with, then immediately respond, in writing, setting out your concerns with the review and providing any explanations for your behaviour. Then request that the review be redone, or at the least, that your statements be placed in the human resources file.

Workplace Computers: Employers own workplace computers so anything you send through company email can be monitored without notice and used as grounds for discipline. Do not misuse work computers for personal matters.

Employment Contracts: Employees do not realize that an implied contract with their employer exists whether or not it is in writing and that implied contract is always more favourable than anything they will be asked to sign. Negotiate contracts or sign them only as a last resort.

Post employment competition: Employees are free to leave and compete with their employers just as they are free to solicit their old clients and contacts following their departure. Without an agreement stating otherwise, the only post employment restriction an employee has is to keep confidential information confidential.

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Tips to simplify your college and university applications, due Jan.12

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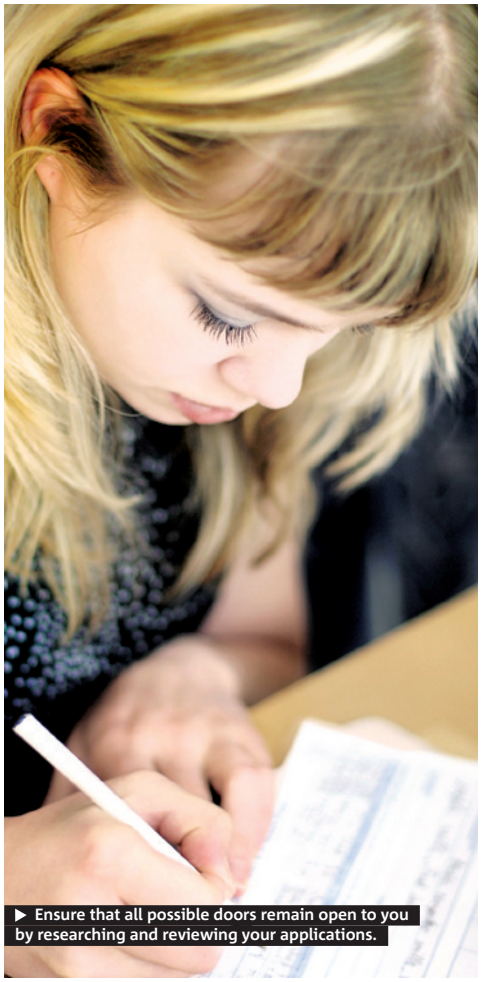

▶ Ensure that all possible doors remain open to you by researching and reviewing your applications.

Each year thousands of interested applicants go through the process of applying to universities and colleges across Canada. Applicants are encouraged to start their search early and become familiar with the program specific course pre-requisites, grade point averages and other requirements and application deadlines.

Search tools

The Internet is the best place to start a search. Beside the individual institutions' websites, there are a number of sites for an applicant to compare programs and schools, including ontariocolleges.ca for public colleges and electronicinfo.ca for universities. For general information, the Canadian government also operates the canlearn.ca website and Ontario specific information is available from the Ministry of Training, Colleges and Universities at edu.gov.on.ca.

Pre-requisites and competitive grades

Many programs, especially highly competitive ones, will set a minimum grade for an individual course or average of courses. Individuals who need additional credits or who have left the secondary school system may upgrade their marks or obtain missing credits through independent distance education, without having to go back to school or attend night school.

Centralized application processing

In Ontario, there are two centralized services for post-secondary applications; ouac.on.ca for Universities and ocas.ca for Colleges of Applied Arts and Technology. Private and career colleges accept direct applications.

Additional application criteria

Many high demand programs will establish additional application requirements such as an admissions or assessment test, essay, portfolio, personal references, interview or audition. For the best opportunity for acceptance, applicants must be familiar with the program's requirements and allow adequate time to prepare.

Financial assistance

Students seeking financial assistance should not only investigate the Ontario Student Assistance Program (osap.gov.on.ca), but also institution-specific, private and corporate scholarships and bursaries, with studentawards.com as one potential source of information. NEWSCANADA

When will I know?

Don't sweat it if your classmate has already been told they are "in"

The deadline for current high school students to apply to Ontario universities isn't until Jan. 12, but some universities are already sending out acceptance letters.

Certain schools make early offers conditional upon the student finishing their courses with certain minimum grades, said George Granger, the executive director of the Ontario Universities' Application Centre.

Usually the less competitive programs are more likely to send out early acceptances, he said.

"Other universities, where in a given program they may get many hundreds, in some case thousands, more applications than they have spaces, they'll be less likely to make an early conditional offer," Granger said.

Universities such as Lakehead University in Thunder Bay have told high school students they could expect offers beginning as early as late December, but others such as Brock University in St. Catharines say early offers will come in February, with the majority of offers being made in March.

The university application centre receives Ontario secondary students' final first-semester grades or full-year midterm grades by the middle of February.

Any offers made before then tend to be based on Grade 11 grades and what courses a student is currently taking. THE CANADIAN PRESS

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Technology to keep you on track

New gadgets are helping the modern masses gain control over the use and misuse of, well, their gadgets

Dan Nainan can't trust himself to work at his computer without clicking on distractions, so he uses an Internet-blocking program to shut down his web access twice a day.

"I'm sorry, but try as I might, I could never, ever do this on my own," said the New York City comedian who's struggling to finish a book. "I wish I could, but I just don't have the discipline."

Nainan's system of two, two-hour blocks is one example of how Americans are trying to control their impulses using technology that steps in to enforce good behaviour.

With the new year days away, many tools are now available to help people stay in line, including a GPS-enabled app that locks down texting once a car gets rolling and a program that cuts off credit-card spending. Another device monitors your workout and offers real-time voice feedback.

Have we entered an era in which electronics serve as mother, cop and coach because we can't manage our own desires?

Yep, said Ann Mack, a trend-watcher for JWT Intelligence, an arm of the marketing giant. She named "outsourcing self-control" and "de-teching" as two top trends for the new year.

"The thing is we're becoming more aware of these behaviours and, as a result, we're trying to seek help to circumvent some of our more base impulses," Mack said. "We're bombarded more and more with temptations on a regular basis, and it's getting increasingly difficult to deal with that."

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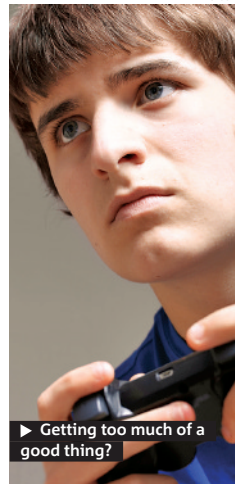

▶ Getting too much of a good thing?

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Bulls trample Raptors

111	91
BULLS	RAPTORS

Luol Deng scored 24 points as the surging Chicago Bulls beat the Toronto Raptors 111-91 last night.

Derrick Rose added 19 points and six assists for the Bulls, who have won five straight and 14 of 16. Reserve Taj Gibson had 16 points and 14 rebounds, helping Chicago to a 44-33 edge on the glass and a 58-38 advantage in points in the paint.

Chicago pulled away in the second quarter. Leading 35-31 with 9:14 left, the Bulls closed the half with a 24-10 surge. Rose had a key three-point play, Gibson had a tip-in and Deng scored with 6.2 seconds left to give the Bulls a 59-41 lead at the break.

Andrea Bargnani, returning after missing four games with sore left calf, scored 23 points for Toronto. DeMar DeRozan had 18 points.

Deng's dunk early in the third quarter gave Chicago a 24-point lead, and Rose and Carlos Boozer sat out the final period. Boozer finished with 12 points and 13 rebounds for the Bulls.

The slumping Raptors got Bargnani and Jerryd Bayless back, but point guard Jose Calderon missed the game with a sprained right ankle.

THE ASSOCIATED PRESS

CAVALIERS	RAPTORS

▶ **Time:** 7 p.m.
TV: Rogers Sportsnet
Radio: FAN 590

A year ago, this would have been a marquee NBA matchup. Instead, tonight it's a meeting of sub-.500 Great Lakes basketball teams. Toronto goes into Cleveland with a 3-4 record this season on the second end of back-to-backs, somewhat of an improvement over previous years.

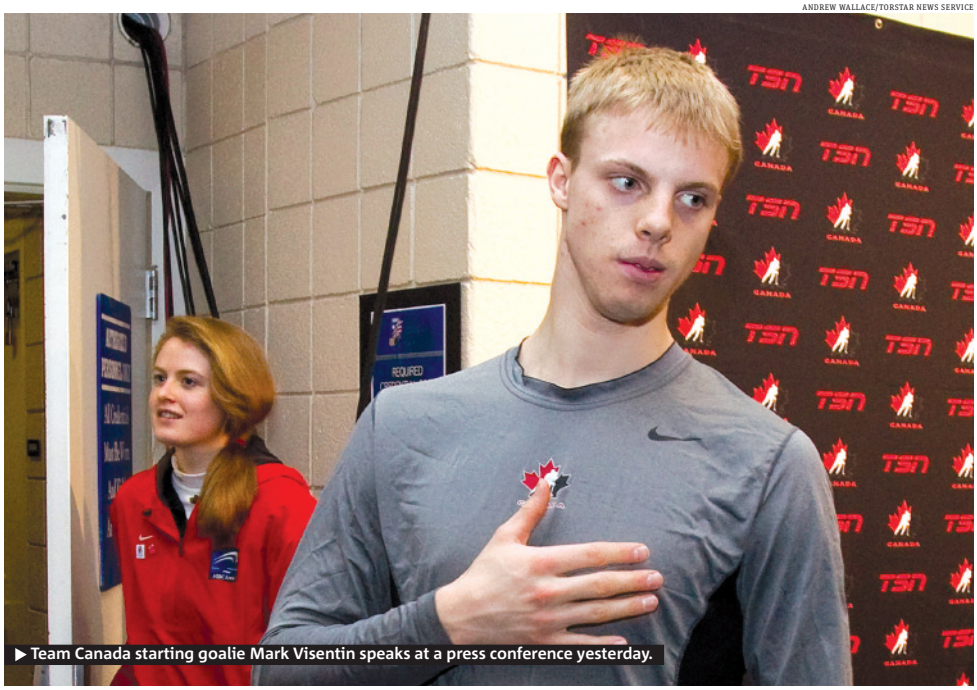
At 8-26, the Cavaliers are, for lack of a better term, bad, led by Antawn Jamison, who is coming off a season-high 35-point performance against Dallas Sunday.

JOHN CHICK

It all comes down to this

▶ Canadian goaltender prepares for 'the biggest game I've ever played in my life' ▶ Russians have improved since opening game loss to Canada

ANDREW WALLACE/TORSTAR NEWS SERVICE



▶ Team Canada starting goalie Mark Visentin speaks at a press conference yesterday.

Canada's closest rival has been beaten, but now comes the game for gold against an old foe.

Another overwhelmingly pro-Canadian crowd is expected to pack HSBC Arena when Canada takes on a Russian squad with a flair for drama in the final of the world junior hockey championship tonight (TSN, 7:30 p.m ET.).

And no one will be more in the spotlight than goaltender Mark Visentin.

The starter for the nearby Niagara IceDogs of the Ontario Hockey League may have looked shaky as he gave up a goal on the first shot of a 4-1 quarter-final win over Switzerland, but he made the saves he needed and then did the same in another 4-1 victory over the rival Americans in the semifinals.

"I'm excited for the opportunity," Visentin said yesterday. "It's definitely going to be the biggest game I've ever played in my life."

Olivier Roy lost the starting job after he was beaten high twice and then surrendered a pair in a shootout as Canada lost 6-5 to Sweden in its final round-robin game.

But Canada came back with not only a new goaltender in Visentin, but a new level of intensity and a hardened commitment to defensive play as it began single-game knockout competition.

Since the loss to Sweden, they have dominated, allowing only a small handful of good scoring chances to both the Swiss and the Americans as they controlled the boards and the play.

A defence that looked suspect during the preliminary round has suddenly rounded into shape, while the forwards have been strong at both ends.

"They've been excellent in all areas of the ice," said Visentin. "Just protecting against scoring chances and communicating with me when I play the puck.

"That really makes it easier on me. When you come here, you have the best D-men in Canada. It really shows how good they are out there, keeping the shots to under 30 a game. I love them out there. They're doing a great job and we're going to keep it up." THE CANADIAN PRESS

3 RUSSIAN PLAYERS TO WATCH

VLADIMIR TARASENKO

▶ The stocky winger and captain has made some dazzling plays.

YEVGENI KUZNETSOV

▶ He stole the show in Russia's comeback win over Finland with two goals.

DMITRI SHIKIN

▶ The goaltender took over after the loss to Canada and has won four of five games.

THE CANADIAN PRESS

4 sports

Quoted

"Any time you get to the final of a tournament with the best players in the world there are no guarantees. All you can do is concentrate on your preparation and give your team the best chance to win."
CANADIAN COACH DAVE CAMERON

"Both of us have got better as the tournament's gone on and I guess we've both proven why we're here and it's going to be a really good game."
GOALTENDER MARK VISENTIN

Scan code for more sports

Opinion

ADAM PROTEAU
THE HOCKEY NEWS

THIS YEAR WILL BE KEY IN BURKE'S LEAF LEGACY

Have you broken any and/or all of your New Year's resolutions yet? Hopefully not — especially if you're Brian Burke.

It would be wrong to say this is a make or break year for the Maple Leafs GM since he has contractual security and the confidence of ownership on his side. Even though Burke and the Buds aren't lying when they say their goal is to win a Stanley Cup, the bottom line is this: Beyond laying claim to an NHL championship, they simply can't have 2011 go for them as 2010 did.

Unfortunately, some things are looking like they will turn out exactly as they did last year: Unless Burke acquires a first-round pick, Toronto will be without one for the second straight entry draft; and unless there is a sharp turnaround in the second half of this season, the Leafs will miss the playoffs, making it seven full calendar years since they've played a post-season game at the Air Canada Centre.

Now you can pretend that changing the coaching staff will set off a momentous awakening of talent that Ron Wilson and his assistants aren't capable of triggering. Or you can face the truth — namely, that Toronto's talent level and organizational depth simply isn't anywhere close to a truly elite team (such as the Detroit Red Wings) and it will take many years to bring it up to snuff.

Yet while Burke is right to preach patience, a third straight year of treading water and mediocrity will give cynical fans and media every right to question his blueprint for success.

If Burke insists on sticking to his plan, the pressure shifts to the Leafs' drafting and development team. Those men need to mine the draft for a Henrik Zetterberg (drafted 210th overall in 1999), Nicklas Lidstrom (taken 53rd overall in 1989) or some comparably elite player. If not, Burke can only acquire other teams' castoffs in trades. And so far, that strategy has failed miserably.

In the next 12 months, Burke needs to show the fan base tangible evidence of real progress. Without it, he will be burned by bluster blowback.

JUSTIN K. ALLER/GETTY IMAGES

▶ College free agency netted Tyler Bozak. Now the Leafs' need to find high-grade diamonds in the rough in 2011.

Argos ink Flemons, Crawford

Ron Flemons and Bryan Crawford have avoided CFL free agency, re-signing with the Toronto Argonauts through the 2013 season.

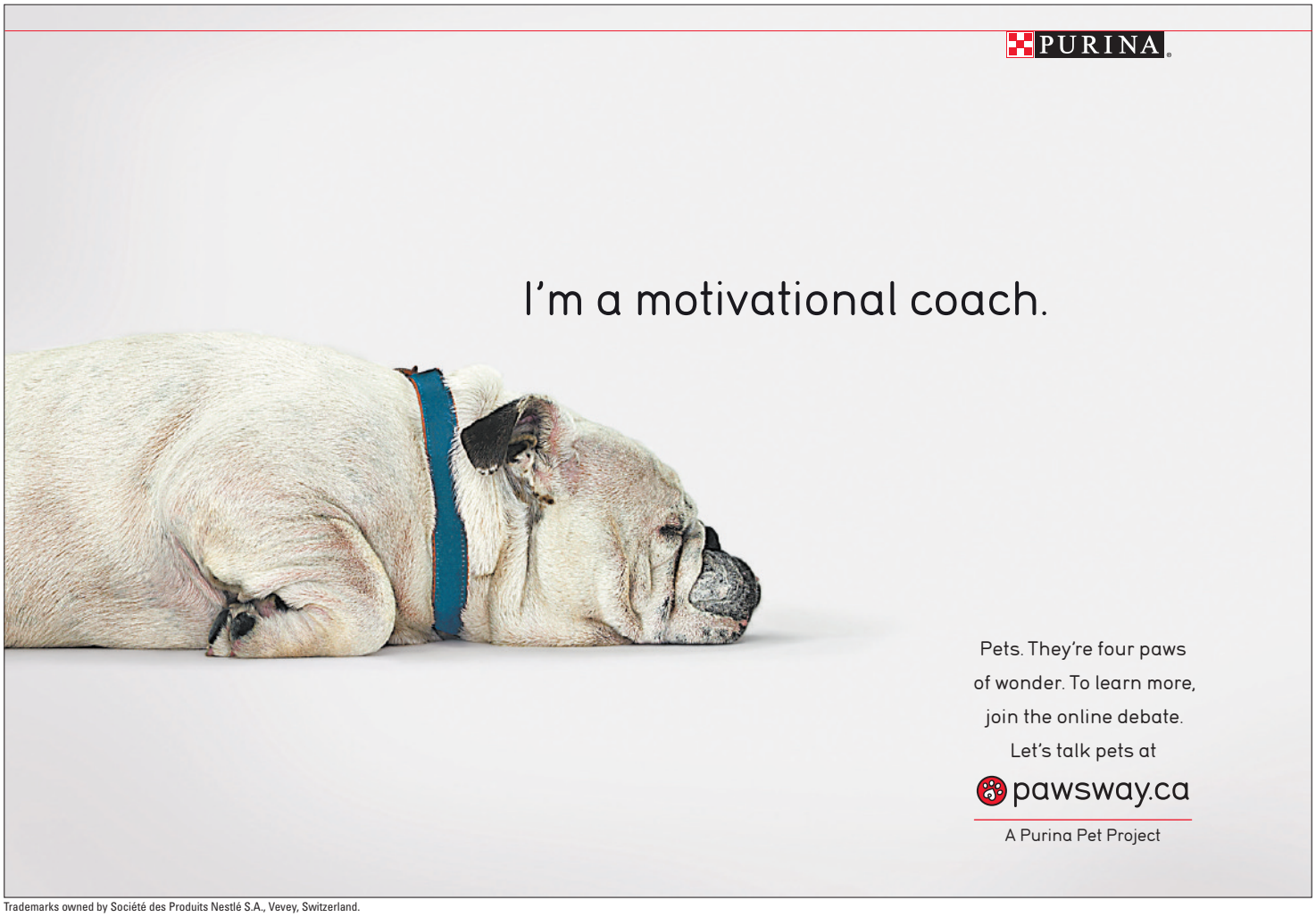
"These two signings are critical to our organization moving forward," Argos head coach and GM Jim Barker said yesterday in a release.

Flemons, a defensive end, was the team's outstanding defensive player last season, setting career highs in defensive tackles (53), sacks (eight) and fumble recoveries with four for 54 yards.

Crawford, the Argos' special teams captain and Hamilton native, has played in 94 regular-season games for Toronto since he was drafted in 2005.

He challenged for the CFL lead in special teams tackles in each of his last four seasons and led the league with 26 in 2010. Two more and he will tie Mike O'Shea (124) for the Argos' all-time team lead.

THE CANADIAN PRESS



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Sports in brief

Lewis staying in Cincinnati

NFL. Marvin Lewis is staying as Bengals coach. Lewis agreed to a contract extension yesterday after two days of negotiating changes in how the front office functions. Owner Mike Brown wanted to keep him, offering an extension last season. Lewis wanted to stay, too, but only if he got more influence over decisions.

Cincinnati has only two winning records in the last 20 years, both under Lewis.

THE ASSOCIATED PRESS

UFC's Sonnen pleads guilty

MMA. UFC middleweight Chael Sonnen has pleaded guilty in U.S. federal court to one count of money laundering.

Federal prosecutors say that in 2006, Sonnen was the real estate agent for a Portland home when he arranged for a title company to pay $69,000 US to a plumbing company for repairs to the home that were never done.

THE ASSOCIATED PRESS

Tough Juice is tough loss

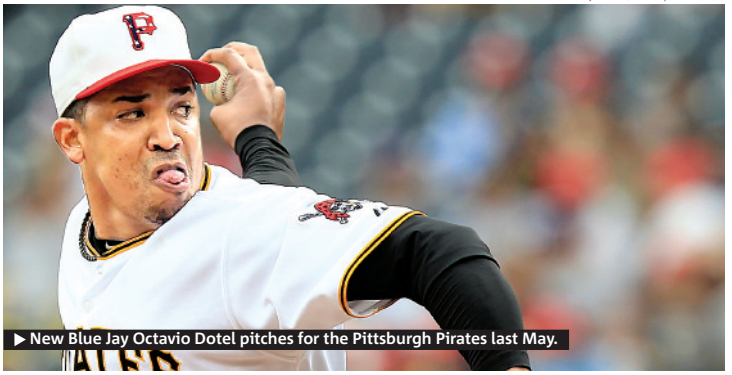
NBA. Mavericks forward Caron (Tough Juice) Butler underwent surgery to repair a torn tendon in his right knee and will likely miss the rest of the season. Butler was Dallas' third-leading scorer, averaging 14 points and 4.1 rebounds in almost 30 minutes per game.

THE ASSOCIATED PRESS

Jays find relief in pair of veterans

Sign closer Dotel and pick up oft-injured Cordero as bullpen turns over

JARED WICKERHAM/GETTY IMAGES



▶ New Blue Jay Octavio Dotel pitches for the Pittsburgh Pirates last May.

The Toronto Blue Jays began plugging holes in their depleted bullpen by signing relievers Octavio Dotel and Chad Cordero yesterday.

Dotel gets a one-year deal worth $3 million US, with a club option for 2012 worth $3.5 million, and is the leading candidate to become the team's new closer.

Dotel and the club reached agreement last week, but the deal was held up over the new year while he made his way from the Dominican Republic to Dunedin, Fla., for a physical, which he passed.

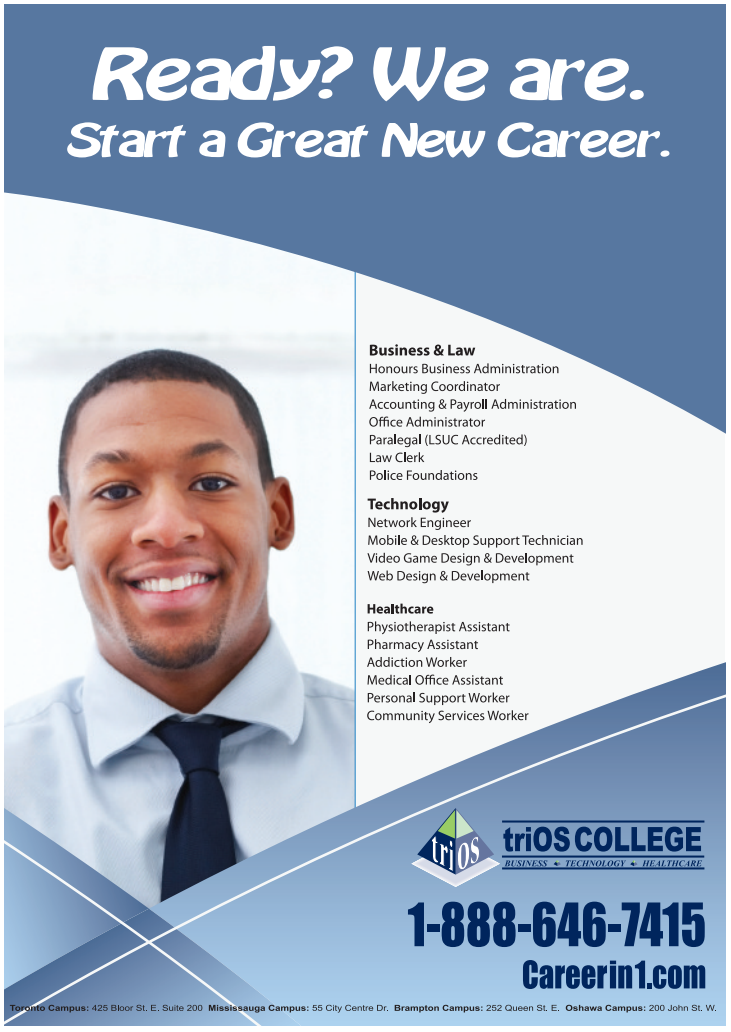
Cordero, a former first-round pick of the Montreal Expos, gets a minor-league contract with an invite to spring training. Shoulder surgery has sidelined him for most of the past 2½ seasons.

Their additions help bolster a bullpen that lost lefty Scott Downs and is likely to lose closer Kevin Gregg, who saved 37 games last season and is now a free agent.

Dotel, 37, pitched for the Pittsburgh Pirates, Los Angeles Dodgers and Colorado Rockies last season, collecting 22 saves with a 3-4 record and 4.08 earned-run average in 68 games.

Cordero, 28, appeared in nine games for Seattle last season, going 0-1 with a 6.52 ERA.

THE CANADIAN PRESS



NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	39	24	10	2	3	131	104	53	12-6-0-2	12-4-2-1	7-3-0-0	W1
d-Tampa Bay	40	24	11	3	2	122	122	53	12-3-1-1	12-8-2-1	8-1-1-0	W3
d-Boston	38	21	11	1	5	110	85	48	9-6-1-2	12-5-0-3	5-3-0-2	W1
Pittsburgh	40	25	12	2	1	127	94	53	13-7-1-0	12-5-1-1	5-4-0-1	L2
Washington	41	23	12	3	3	120	107	52	14-4-2-3	9-8-1-0	5-2-2-1	L1
Atlanta	42	21	15	2	4	131	125	48	11-7-1-2	10-8-1-2	4-4-1-1	W1
NY Rangers	40	22	15	2	1	119	103	47	9-8-1-1	13-7-1-0	5-3-1-1	L2
Montreal	40	21	16	3	0	100	96	45	12-5-3-0	9-11-0-0	3-6-1-0	L1
Carolina	38	18	15	1	4	111	115	41	8-7-1-1	10-8-0-3	5-3-1-1	L1
Florida	37	18	17	1	1	102	95	38	8-6-1-1	10-11-0-0	4-4-1-1	W2
Ottawa	40	16	19	4	1	90	121	37	9-11-1-1	7-8-3-0	4-4-2-0	L3
Buffalo	38	16	18	4	0	105	114	36	9-10-1-0	7-8-3-0	5-5-0-0	W2
Toronto	38	14	20	2	2	90	113	32	8-10-2-1	6-10-0-1	4-6-0-0	L1
NY Islanders	37	12	19	3	3	89	120	30	7-7-1-2	5-12-2-1	7-2-0-1	W3
New Jersey	39	10	27	1	1	69	124	22	6-12-1-1	4-15-0-0	2-8-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	38	25	8	3	2	131	95	55	13-3-1-1	12-5-2-1	8-1-1-0	W6
d-Detroit	39	24	10	4	1	133	110	53	13-5-3-1	11-5-1-0	5-3-2-0	L2
d-Dallas	40	23	13	1	3	114	113	50	12-6-1-2	11-7-0-1	5-3-1-1	W1
San Jose	40	21	14	4	1	118	112	47	10-6-2-1	11-8-2-0	6-4-0-0	L1
Anaheim	42	21	17	2	2	109	119	46	13-6-0-1	8-11-2-1	6-4-0-0	W3
St. Louis	38	20	13	2	3	101	104	45	14-5-0-2	6-8-2-1	6-4-0-0	L1
Los Angeles	39	22	16	1	0	116	96	45	13-5-1-0	9-11-0-0	5-5-0-0	L4
Colorado	39	20	14	5	0	132	125	45	10-7-2-0	10-7-3-0	5-4-1-0	L2
Chicago	41	21	17	2	1	126	115	45	12-9-0-0	9-8-2-1	5-5-0-0	W1
Nashville	38	19	13	4	2	95	93	44	9-4-3-2	10-9-1-0	5-5-0-0	W2
Columbus	39	20	16	2	1	101	114	43	11-9-0-1	9-7-2-0	5-5-0-0	L1
Minnesota	39	19	15	1	4	100	113	43	10-9-0-2	9-6-1-2	6-3-0-1	W2
Phoenix	38	17	13	5	3	106	113	42	7-5-2-2	10-8-3-1	3-5-0-2	L2
Calgary	40	18	19	1	2	107	115	39	11-8-0-0	7-11-1-2	6-4-0-0	L1
Edmonton	37	12	18	1	6	95	126	31	6-10-1-2	6-8-1-3	2-6-0-2	L6

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Minnesota 2 New Jersey 1
Tampa Bay 1 Washington 0 (OT)
Buffalo at Colorado
Detroit at Edmonton
Columbus at Phoenix
Monday's results
Vancouver 4 San Jose 3
Boston 2 Toronto 1
N.Y. Islanders 5 Calgary 2
Chicago 4 Los Angeles 3
Florida 4 Carolina 3 (OT)
Tonight's games
All Times Eastern
Carolina at N.Y. Rangers, 7 p.m.
Tampa Bay at Pittsburgh, 7 p.m.
Atlanta at Florida, 7:30 p.m.
Dallas at Chicago, 8:30 p.m.
Calgary at Vancouver, 10 p.m.
Nashville at Anaheim, 10 p.m.

LATE MONDAY

CANUCKS 4, SHARKS 3

First Period
1. Vancouver, D.Sedin 21 (H.Sedin, Burrows) 6:09
Penalties — H.Sedin Vcr (high-sticking) 0:49, Glass Vcr, Mayers SJ (fighting) 10:35, Boyle SJ (high-sticking) 18:15.
Second Period
2. San Jose, Clowe 11 (Demers, Ferriero) 5:08
3. Vancouver, Edler 3 (Ehrhoff, D.Sedin) 8:14 (pp)
4. San Jose, Marleau 15 (Heatley, Boyle) 12:18 (pp)
5. San Jose, Mayers 2 (Heatley, Huskins) 15:21
6. Vancouver, Hansen 5 (Kesler, Raymond) 18:35
Penalties — Couture SJ (hooking) 7:31, H.Sedin Vcr (hooking) 11:18, Glass Vcr, Mashinter SJ (fighting) 15:24.
Third Period
7. Vancouver, Burrows 8 (Ehrhoff, Ballard) 8:57
Penalty — Vlasic SJ (tripping) 1:40.
Shots

Vancouver	15	11	21	—47
San Jose	7	15	13	—35

Goal — Vancouver: C.Schneider (W,7-0-2); San Jose: Niemi (L,9-10-2). **Power plays (goals-chances)** — Vancouver: 1-3; San Jose: 1-2.
Referees — Dave Jackson, Justin St. Pierre.
Linesmen — Vaughan Rody, Mark Wheler.
Att. — 17,562 (17,562) at San Jose, Calif.

SCORING LEADERS

	G	A	PT
Crosby, Pgh	32	33	65
Stamkos, TB	31	25	56
St. Louis, TB	16	34	50
H.Sedin, Vcr	9	41	50
D.Sedin, Vcr	21	28	49
B.Richards, Dal	18	27	45
Perry, Ana	21	23	44
Zetterberg, Det	14	30	44
Eriksson, Dal	16	26	42
Kopitar, LA	15	27	42
Ovechkin, Wash	14	28	42
Sharp, Chi	23	18	41
Byfuglien, Atl	16	25	41
Duchene, Col	15	24	39
Datsyuk, Det	12	27	39
E.Staal, Car	18	20	38
Heatley, SJ	15	22	37
Getzlaf, Ana	13	24	37
M.Richards, Pha	13	24	37
Backstrom, Wash	11	26	37
Lidstrom, Det	11	26	37
P.Stastny, Col	15	21	36
Kesler, Vcr	19	16	35
Semin, Wash	18	17	35
Giroux, Pha	16	19	35
Iginla, Cal	16	19	35
Toews, Chi	16	19	35
Clowe, SJ	11	24	35
Roy, Buf	10	25	35
J.Thornton, SJ	10	25	35
Selanne, Ana	10	24	34
M.Koivu, Minn	9	25	34
Havlat, Minn	8	26	34
Enstrom, Atl	7	27	34
D.Brown, LA	16	17	33
J.Carter, Pha	16	18	33
J.Williams, LA	15	18	33
Malkin, Pgh	14	19	33
Letang, Pgh	6	27	33
Dubinsky, NYR	16	16	32
Ladd, Atl	13	19	32
Plekanec, Mtl	12	20	32
Hejduk, Col	11	21	32
Ribeiro, Dal	6	26	32
Nash, Clb	18	13	31
Franzen, Det	17	14	31
Tanguay, Cal	10	21	31
Briere, Pha	18	12	30
Marleau, SJ	15	15	30
Neal, Dal	14	16	30
Backes, StL	10	20	30
Malone, TB	10	20	30
Visnovsky, Ana	7	23	30
Liles, Col	5	25	30

Not including last night's games

HOCKEY

IIHF WORLD JUNIOR CHAMPIONSHIP

At Buffalo and Lewiston, N.Y.
All Times Eastern

RELEGATION BRACKET

All Games at Lewiston

	GP	W	LOT	W OTL	OTL	GF	GA	Pt
Czech Republic	3	3	0	0	0	10	4	9
Slovakia	3	1	1	1	0	9	6	5
x-Norway	3	1	2	0	0	3	8	3
x-Germany	3	0	2	0	1	4	8	1

x — relegated to B-pool.
Yesterday's results
Norway 3 Germany 1
Czech Republic 5 Slovakia 2

CHAMPIONSHIP BRACKET

All Games at Buffalo
Last night's result
Fifth Place
Finland vs. Switzerland
Monday's results
Semifinals
Canada 4 U.S. 1
Russia 4 Sweden 3 (SO)
Today's games
Bronze Medal
Sweden vs. U.S., 3:30 p.m.
Gold Medal
Russia vs. **Canada**, 7:30 p.m.

CHAMPIONS

World junior hockey champions since 1974:
2011 — Canada vs. Russia
2010 — U.S.
2009 — Canada
2008 — Canada

IIHF WOMEN'S WORLD UNDER-18 CHAMPIONSHIP

At Stockholm
All Times Eastern

PRELIMINARY ROUND

Yesterday's results
Canada 8 Germany 1
Czech Republic 4 Japan 1
Finland 4 Switzerland 1
U.S. 10 Sweden 0
Monday's results
No Games Scheduled.

RELEGATION BRACKET

Today's game
Japan vs. Switzerland, 6 a.m.

CHAMPIONSHIP BRACKET

Today's games
Quarter-finals
Germany vs. Czech Republic, 9:30 a.m. or 1 p.m.
Sweden vs. Finland, 9:30 a.m. or 1 p.m.
Friday's games
Semifinals
Canada vs. Quarter-final winner, 9:30 a.m. or 1 p.m.
U.S. vs. Quarter-final winner, 9:30 a.m. or 1 p.m.

SOCCER

ENGLAND

PREMIER LEAGUE

Yesterday's results
Blackpool 1 Birmingham 2
Fulham 3 West Bromwich 0
Manchester United 2 Stoke 1

LEAGUE CHAMPIONSHIP

Yesterday's results
Cardiff 2 Leeds 1

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE

TORONTO BLUE JAYS—Agreed to terms with RHP Octavio Dotel on a one-year contract and RHP Chad Cordero on a minor league contract.

NATIONAL LEAGUE

CINCINNATI REDS—Agreed to terms with OF Jeremy Hermida on a minor league contract.
PITTSBURGH PIRATES—Traded RHP Joe Martinez to Cleveland for a player to named or cash considerations.

BASKETBALL

NBA

CHICAGO BULLS—Waived G John Lucas III.
GOLDEN STATE WARRIORS—Waived G-F Rodney Carney.
MINNESOTA TIMBERWOLVES—Waived G Sundiata Gaines.

FOOTBALL

NFL

LEAGUE OFFICE—Named Ronnie Lott and John Madden co-chairmen of the Player Safety Advisory Panel.
CINCINNATI BENGALS—Agreed to a contract extension with coach Marvin Lewis.
NEW ORLEANS SAINTS—Placed RB Chris Ivory on injured reserve. Signed RB DeShawn Wynn.
TENNESSEE TITANS—Signed S Myron Rolle, RB Herb Donaldson, G Ryan Durand, G Jeff Hansen, DE Pannel Egboh, TE Riar Greer and CB Chris Hawkins to futures contracts.
WASHINGTON REDSKINS—Signed OT Selvish Capers, DT Rashaad Duncan, OT Xavier Fulton, WR Taurus Johnson, RB Shawnbrey McNeal and WR Maurice Price to reserve/futures contracts.

CFL

TORONTO ARGONAUTS—Re-signed DE Ron Flemons and RB Bryan Crawford.

HOCKEY

NHL

COLUMBUS BLUE JACKETS—Acquired C Trevor Smith from the Anaheim Ducks in exchange for D Nate Guenin and assigned Smith to Springfield (AHL).
N.Y. ISLANDERS—Recalled G Kevin Poulin from Bridgeport (AHL).
PHILADELPHIA FLYERS—Announced G Michael Leighton cleared waivers anbd assigned him to to Adirondack (AHL).
TAMPA BAY LIGHTNING—Signed D Marc-Andre Bergeron to a one-year.

SOCCER

MLS

CHIVAS USA—Named Robin Fraser coach.

NFL

WILD-CARD PLAYOFFS

All Times Eastern
Saturday's games
NFC
New Orleans at Seattle, 4:30 p.m.
AFC
N.Y. Jets at Indianapolis, 8 p.m.
Sunday's games
AFC
Baltimore at Kansas City, 1 p.m.
NFC
Green Bay at Philadelphia, 4:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	26	7	.788	—
d-Miami	27	9	.750	½
d-Chicago	22	10	.688	3½
Orlando	22	12	.647	4½
Atlanta	22	14	.611	5½
New York	20	14	.588	6½
Indiana	14	18	.438	11½
Milwaukee	13	18	.419	12
Philadelphia	13	21	.382	13½
Charlotte	11	21	.344	14½
Toronto	11	22	.333	15
Detroit	11	23	.324	15½
New Jersey	9	25	.265	17½
Washington	8	24	.250	17½
Cleveland	8	26	.235	18½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	29	5	.853	—
Dallas	25	8	.758	3½
d-Utah	24	11	.686	5½
d-L.A. Lakers	23	11	.676	6
Oklahoma City	23	12	.657	6½
Denver	20	13	.606	8½
New Orleans	21	14	.600	8½
Portland	18	16	.529	11
Houston	16	18	.471	13
Memphis	15	19	.441	14
Phoenix	14	18	.438	14
Golden State	13	21	.382	16
L.A. Clippers	10	24	.294	19
Minnesota	9	26	.257	20½
Sacramento	7	24	.226	20½

d — division leader
Last night's results
New York 128 San Antonio 115
Milwaukee at Miami
Toronto at Chicago
Oklahoma City at Memphis
Portland at Dallas
Atlanta at Sacramento
Detroit at L.A. Lakers
Monday's results
Miami 96 Charlotte 82
Orlando 110 Golden State 90
Boston 96 Minnesota 93
New Orleans 84 Philadelphia 77
Denver 113 Houston 106
Utah 102 Detroit 97
Tonight's games
All Times Eastern
Toronto at Cleveland, 7 p.m.
Chicago at New Jersey, 7 p.m.
Milwaukee at Orlando, 7 p.m.
Washington at Philadelphia, 7 p.m.
San Antonio at Boston, 7:30 p.m.
Charlotte at Minnesota, 8 p.m.
Golden State at New Orleans, 8 p.m.
Portland at Houston, 8:30 p.m.
Atlanta at Utah, 9 p.m.
Denver at L.A. Clippers, 10:30 p.m.
L.A. Lakers at Phoenix, 10:30 p.m.

SKIING

WORLD CUP SLALOM

At Zagreb, Croatia
1. Marlies Schild, Austria, two minutes 1.80 seconds (1:01.09-1:00.71); 2. Maria Riesch, Germany, 2:02.55 (1:01.85-1:00.70); 3. Manuela Moelgg, Italy, 2:02.88 (1:01.28-1:01.60); 4. Tanja Poutiainen, Finland, 2:03.05 (1:02.41-1:00.64); 5. Maria Pietilae-Holmner, Sweden, 2:03.64 (1:01.87-1:01.77).
Did Not Finish First Run (Selected)
Anna Goodman, Mont-Tremblant, Que.
World Cup Slalom Standings
(after five events)
1. Marlies Schild, Austria, 400 points; 2. Maria Riesch, Germany, 320; 3. Tanja Poutiainen, Finland, 300; 4. Maria Pietilae-Holmner, Sweden, 219; 5. Nastasia Noens, France, 159.
Overall World Cup Standings
(after 15 events)
1. Maria Riesch, Germany, 833 points; 2. Lindsey Vonn, U.S., 647; 3. Elisabeth Goergl, Austria, 483; 4. Tanja Poutiainen, Finland, 480; 5. Tina Maze, Slovenia, 473.

TENNIS

ATP/WTA BRISBANE INTERNATIONAL

At Brisbane, Australia
MEN
Singles — First Round
Robin Soderling (1), Sweden, def. Ryan Harrison, U.S., 6-2, 6-4.
Benjamin Becker, Germany, def. Fernando Verdasco (3), Spain, 6-1, 6-7 (2), 6-3.
Mardy Fish (4), U.S., def. Adrian Mannarino, France, 6-1, 6-4.
Marcos Baghdatis (5), Cyprus, def. Florent Serra, France, 3-6, 7-5, 6-4.
Radek Stepanek, Czech Republic, def. Tobias Kamke, Germany, 5-7, 6-1, 6-4.
Kevin Anderson, South Africa, def. Peter Luczak, Australia, 6-4 6-4.
Richard Berankis, Lithuania, def. Arnaud Clement, France, 6-4, 6-3.
Matthew Ebden, Australia, def. John Millman, Australia, 4-6, 6-2, 6-4.
Doubles — First Round
Max Mirnyi, Belarus, and **Daniel Nestor (1), Toronto**, def. Thiemo de Bakker, Netherlands, and Dmitry Tursunov, Russia, 3-6, 6-3, 10-5 tiebreak.
WOMEN
Singles — First Round
Roberta Vinci, Italy, def. Christina McHale, U.S., 6-2, 7-6 (2).
Second Round
Jarmila Groth, Australia, def. Samantha Stosur (1), Australia, 6-2, 6-4.
Lucie Safarova, Czech Republic, def. Shahar Peer (2), Israel, 3-6, 6-1, 7-5.
Anastasia Pavlyuchenkova (5), Russia, def. Bojana Jovanovski, Serbia, 6-2, 7-5.

WTA ASB CLASSIC

At Auckland, New Zealand
Singles — First round
Yanina Wickmayer (2), Belgium, def. Dinara Safina, Russia, 6-3, 6-7 (2), 6-1.
Julia Goerges (4), Germany, def. Annabel Medina Garrigues, Spain, 6-4, 6-0.
Elena Vesnina (6), Russia, def. Marina Erakovic, New Zealand, 6-2, 6-2.
Carla Suarez Navarro (7), Spain, def. Romina Oprandi, Italy, 6-3, 7-6 (7).
Sofia Arvidsson (8), Sweden, def. Tamira Paszek, Austria, 6-3, 6-1.
Greta Arn, Hungary, def. Zana Ondraskova, Czech Republic, 6-1, 6-0.
Sabine Lasicki, Germany, def. Florencia Molinero, Argentina, 6-1, 6-3.
Heather Watson, Britain, def. Noppawan Lertchewakarn, Thailand, 6-1, 6-1.
Alize Cornet, France, def. Sandra Zahlavova, Czech Republic, 3-6, 7-5, 6-0.
Simona Halep, Romania, def. Ayumi Morita, Japan, 6-0, 7-6 (3).
Doubles — First Round
Sania Mirza, India, and Renata Voracova (3), Czech Republic, def. Sarah Borwell, Britain, and **Marie-Eve Pelletier, Repentigny, Que.**, 6-3, 6-4.

ATP QATAR OPEN

At Doha, Qatar
Singles — First Round
Rafael Nadal (1), Spain, def. Karol Beck, Slovakia, 6-3, 6-0.
Roger Federer (2), Switzerland, def. Thomas Schoorel, Netherlands, 7-6 (3), 6-3.
Ernests Gulbis (5), Latvia, def. Viktor Hanescu, Romania, 6-3, 7-6 (6).
Viktor Troicki (6), Serbia, def. Sergiy Stakhovsky, Ukraine, 6-4, 7-5.
Philipp Kohlschreiber (8), Germany, def. Andreas Seppi, Italy, 6-2, 6-4.
Teymuraz Gabashvili, Russia, def. Rainer Schuettler, Germany, 6-4, 7-6 (2).
Marco Chiudinelli, Switzerland, def. Reda El Amrani, Morroco, 3-6, 7-6 (3), 6-3.
Jarkko Nieminen, Finland, def. Michal Przysiezny, Poland, 6-2, 3-6, 6-3.
Lukas Lacko, Slovakia, def. Pere Riba, Spain, 5-7, 7-6 (7), 7-6 (4).
Antonio Veic, Croatia, def. Sherif Sabry, Egypt, 3-6, 7-5, 6-0.
Ivo Karlovic, Croatia, def. Lukas Rosol, Czech Republic, 7-6 (5), 7-6 (7).

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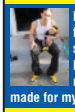

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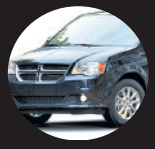
5 drive

By comparison

Honda Odyssey
Base price: $31,600
All-new 2011 model is roomy, powerful and loaded with features.

Dodge Grand Caravan
Base price: $28,900
Updated with powerful V6 and a much nicer interior. Also a tempting price.



Toyota Sienna
Base price: $29,600
Stylish, spacious and it's the only minivan to offer optional all-wheel-drive.

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For 2011, Nissan's minivan gets a little form to go with all that function

▶ Is the Quest part of a new super-cool minivan category, or is it an extension of the Venzas, Journeys and Mazda CX-9s of the world? Stylistically, yes to the latter, but without all-wheel-drive, it's still a minivan.

Nissan makes its minivan comeback

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WHEELBASE MEDIA

There might be plenty of room inside most minivans, but will there be enough room for all of the newly reconstituted models that have recently emerged from hibernation?

The Nissan Quest is the most recent member of the minivan group to awaken from its dormant state. Many pundits thought it might never return since there was no 2010 edition.

With an early 2011 due date, the Quest joins the newly altered Toyota Sienna and Honda Odyssey people movers.

They enter the fray alongside Chrysler's one-two punch: the Town & Country and Dodge Grand Caravan minivans that have also been refreshed with better engines and upgraded interior and exterior styling.

▶ The centre-stack-mounted shift lever provides a passthrough for the driver to get to the passenger side without having to straddle a centre console.

Compared to the awkward-looking Quest of old, the styling of the 2011 version is far more pleasing.

The overall design has added curves and sculpting to the hood, doors and rear quarter panels that lessens the typical minivan's boxy appearance. The wrap-around rear glass allows the lift gate to neatly blend in with the rest of the body, despite its extreme upright posture.

Along with the Quest's new suit of clothes, the designers cut the distance between the front and rear wheels by about 15 centimetres, bringing that number more in line with the competition.

This should make the Quest more manoeuvrable in tight spaces without too great a sacrifice in ride quality or passenger room.

As with most minivans, there are three rows of seats, but the Quest comes standard with second-row, high-back buckets instead of a more typical bench. Also unique is the split-folding three-place third row that tilts forward to create a flat load surface.

This is instead of folding into the rear well below the floor, which in the case of the Quest is now always available for discrete stowage of smaller items.

The Quest's 3.5-litre V6 is the workhorse engine for a number of Nissan cars and trucks. In the Quest, it makes 253 horsepower, up from 235 horses.

Being out of the minivan game for the 2010 model year while its competitors were busy bringing out new products could potentially hurt Nissan's attempts at a comeback.

Fortunately, the latest Quest has plenty of style and substance that should resonate with shoppers in this bracket.

For those folks, it's a Quest very much worth considering.

Nissan Quest

What you should know about the 2011 Nissan Quest:

- **Type:** Four-door, full-size minivan.
- **Engine (hp):** 3.5-litre DOHC V6 (253).
- **Transmission:** Continuously variable.
- **Market Position:** The minivan ranks have been reduced in recent years, resulting in intensified competition among the remaining brands. As a result, the current platforms now offer leading-edge styling, features and fuel economy.
- **Points:** Quest has arguably become the best-looking of the bunch; Inviting, practical interior styling a major leap forward; Honda Odyssey's fuel economy supremacy likely to remain unchallenged; Dodge Grand Caravan's low base price, powerful V6 could also steal Quest's thunder.
- **Safety:** Front airbags; side-impact airbags; side-curtain airbags; anti-lock brakes; traction control; stability control.
- **Stats:** l/100 km (city/hwy) 12.6/8.3 (est.)
- **Base price:** $32,000 (est.) (Including destination)

DRIVEN TO MAKE REALISTIC RESOLUTIONS

How are those New Year's resolutions going? Just great I bet. Especially the one about getting up two hours earlier every workday to work on your abs and then make a day's supply of organic sea-weed smoothies.

I think the difficulty in sticking to resolutions is that they are often not realistic. Back off a bit, I say, and you'll find greater commitment. In that vein, I'd like to make some amendments to a list of 10 resolutions that Ford sent out on how to drive smarter and safer in 2011.

1) Click it. Always buckle that safety belt — no exceptions.

No exceptions? Really? How about when you're teaching your Golden Retriever to drive? How are you going to get that belt to stay on him?

2) Keep your eyes on the road — not on your cell phone. Avoid unnecessary distractions.

Sound advice, as long as "unnecessary" doesn't rule out air drumming to Nirvana's Smells Like Teen Spirit, or Phil Collins' Something in the Air Tonight.

3) Read a good book — like your owner's manual.

The complete manual? Really? I routinely don't finish books I actually enjoy reading.

4) Scrape ice completely off your windshield.

Yes. Great idea. But what if you don't have an ice scraper? In that case, if you can scrape a 10-inch "window" with your fingernails, before they freeze up, you are definitely "good to go."

5) Find out how technology is working to keep you safer.

Here Ford is talking about understanding how ABS feels, and how one should keep steering when it is engaged (because you can), to steer around whatever you need to steer around. Let's keep this resolution as is — no amendment.

6) Learn how to parallel park — or buy a car that does it for you.

Ford has recently introduced an optional parking system, which seems to have made them suddenly interested in your parking abilities (or lack thereof). But the other option is to go the other way and buy a really cheap, beat-up car. This will enable you to parallel park using the braille method — make as much contact as you see fit with the two cars bordering your potential parking space.

7) Listen to your mother — sit straight up.

Proper "at the wheel" positioning is obviously better than slouching. We won't argue with mom – at least not publicly.

8) Check your pressures on all four tires — and the spare.

The correct pressures are listed in the manual and on driver's side-door jamb. You can ignore them in either location — just look at your tires once a week to establish they are not deflating.

9) Take a cue from the Boy Scouts and be prepared.

This is about packing an emergency kit with stuff like food, blankets, flashlight, jumper cables, etc. If heading into really bad weather, I would also throw in a horse.

10) Remember the two-second rule.

Ford reminds us that the vehicle in front of you should be passing a road maker two seconds before you, to assure you're not tailgating. Some experts even suggest going to three seconds.

To avoid confusion, how about we all agree on 2.57 seconds?

▶ Quick question: What should this man's eyes be focused on in this situation?

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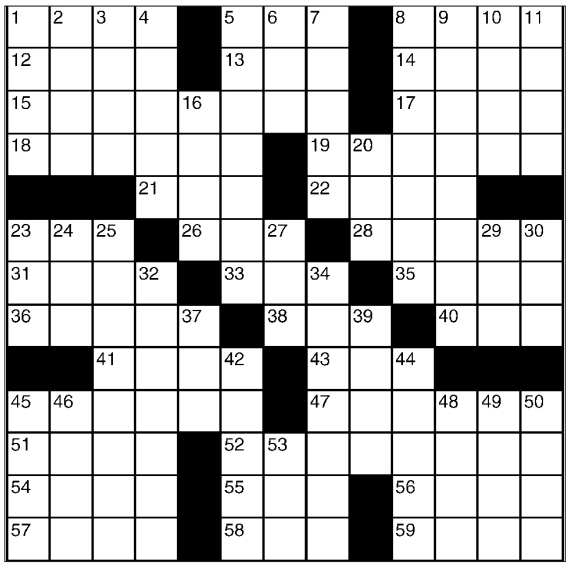

Across

1 Dresses in
5 Navy rank (Abbr.)
8 Early birds?
12 Colorful fish
13 Deteriorate
14 Chick's sound
15 Prepare
17 Sicilian spouter
18 Cleans the cookware
19 Not as small
21 Wildebeest
22 Therefore
23 Joke
26 Historic time
28 Weapon in "Psycho"
31 Individuals
33 North Pole employee
35 Concludes
36 Annie of "Designing Women"
38 Three on a sundial
40 Space
41 Saharan
43 Director Howard
45 On the beach
47 Thwart
51 Military vehicle
52 Fare
54 Asian nursemaid
55 The whole enchilada
56 Approximately
57 Carnival attraction
58 Firmament
59 Trawler equipment

Down

1 Canines
2 Oil cartel
3 Brussels-based org.
4 Unspoken "I don't know"
5 Rubout
6 Affirmative action?
7 Fashion
8 Fancy centerpiece
9 Move on
10 Siskel or Kelly
11 Mast
16 Sea eagle
20 Noah's boat
23 Bush league?
24 "I'll take that as — "
25 Advance
27 Will Smith biopic
29 Rx safety grp.
30 Kreskin's claim
32 Stanza
34 Above all others
37 Round Table address
39 Tittle
42 "La Toilette" artist
44 Hose material
45 Open somewhat
46 Big rig
48 Oliver Twist's request
49 "Meet Me — Louis"
50 Hollywood clashers
53 Wapiti

▶ Friday's answer

Sudoku

	3	1	9			7		
				1		6		3
5	9				4			2
		7						8
	2						7	
3						2		
2			1				6	9
1		4		7				
		5			2	4	1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

1	5	7	3	2	9	6	4	8
8	4	9	6	5	1	2	7	3
3	6	2	4	7	8	9	5	1
9	7	5	8	4	3	1	2	6
6	1	8	2	9	5	4	3	7
2	3	4	7	1	6	8	9	5
4	2	1	5	8	7	3	6	9
5	8	3	9	6	4	7	1	2
7	9	6	1	3	2	5	8	4

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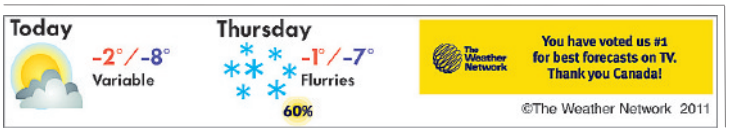
My monkey, my chi-chi! there's no one else who's ever made me feel this way when i asked you how you did it you just say "it was nothing at all" these past few months have been the best of my life and i can't wait for the rest of our lives! I love you! **LOVE YOUR ZEBRA PRINCESS**

Calabacito, Happy new year and thank you for all the wonderful time we spent together all this time. Looking forward to have great moments with you in this new year. **LOVE YOU MUCH + KISSES, YOUR COCONUT.**

To my Tiger,
Thank you for killing the spiders, taking out the garbage, carrying the grocery bags home and most importantly, keeping my feet warm at night. I love you very much!
~YOUR MONKEY.



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 What seemed so difficult yesterday will seem ridiculously easy today. The task itself may not have changed one bit but your attitude toward it has and that's what makes all the difference.

♉ Taurus April 21-May 21 Listen carefully to what your inner voice tells you today. The answers you are looking for are not somewhere "out there" waiting to be discovered but "in here" where your heart resides.

♊ Gemini May 22-June 21 You may not want to hurt someone's feelings but you know you have to be honest – it's for their own good. Tell it like it is today

♋ Cancer June 22-July 22 The solution to your current predicament is easy enough but you are unlikely to see it until you stop looking at life in such an emotional manner

♌ Leo July 23-Aug.23 If you do what friends say you should do today you will soon find a way out of your dilemma. Of course, being a Leo you don't like to admit that you got it wrong

♍ Virgo Aug. 24- Sept. 22 Your insights into how other people behave when under pressure can be used to good effect today, especially on the work front where sudden changes won't worry you as much as they do some of your rivals. They're an opportunity.

♎ Libra Sept. 23-Oct. 23 You can sense that the tide is turning in your favor again and with it your confidence will soon come flooding back.

♏ Scorpio Oct. 24-Nov. 22 You may have good reason to be confident but don't start thinking that nothing can possibly go wrong because that is just asking for trouble.

♐ Sagittarius Nov. 23-Dec. 21 Others may say you don't deserve all the good things now coming your way but what do they know? What you are enjoying now is what you have earned by your past deeds. Good deeds today will bring a good future too.

♑ Capricorn Dec. 22-Jan. 20 You are in the middle of an extremely positive phase, one that will last for at least another two weeks. That may seem like a long time but it will pass quickly enough

♒ Aquarius Jan. 21-Feb. 18 For best results today don't limit yourself to tried and trusted ways of doing things – use your imagination to come up with new ideas and new ways of looking at the world you inhabit.

♓ Pisces Feb. 19-March 20 Find a quiet place where the world cannot get at you and ask yourself some serious questions about what it is you most want to accomplish in life.

SALLY BROMPTON

Caption contest

HASSAN AMMAR/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

MATT DUNHAM/ THE ASSOCIATED PRESS

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Up To **$10,000** On 2010 Silverado 1500

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0% Purchase Financing On Select Models††

2011 CHEVROLET MALIBU LS

Better Highway Fuel Efficiency than Camry and Fusion△△

LT PLATINUM EDITION SHOWN††

PURCHASE PRICE **$24,495*** | FINANCING **0%** FOR 48 MONTHS‡

ALL OFFERS INCLUDE FREIGHT, PDI, FEES & $1,000 TOTAL CASH CREDITS♦.
OR ASK ABOUT NO PAYMENTS FOR 90 DAYS.

OR VARIABLE RATE FINANCING

$149 BI-WEEKLY AT **3.0%** FOR 84 MONTHS¥

$0 DOWN PAYMENT. TAXES NOT INCLUDED.

HWY: 5.9 L/100 km – 48 mpg
CITY: 9.4 L/100 km – 30 mpg△

$1,500 GM CARD MAX. REDEMPTION ALLOWANCE†

2011 CHEVROLET EQUINOX LS

PURCHASE PRICE **$25,995*** | FINANCING **2.9%** FOR 48 MONTHS‡

ALL OFFERS INCLUDE FREIGHT, PDI, FEES & $1,000 TOTAL CASH CREDITS♦.
OR ASK ABOUT NO PAYMENTS FOR 90 DAYS.

OR VARIABLE RATE FINANCING

$159 BI-WEEKLY AT **3.0%** FOR 84 MONTHS¥

$0 DOWN PAYMENT. TAXES NOT INCLUDED.

HWY: 6.19 L/100 km – 46 mpg
CITY: 9.2 L/100 km – 31 mpg△

$1,500 GM CARD MAX. REDEMPTION ALLOWANCE†

Equinox gets better highway fuel efficiency than CR-V, RAV4 or even Escape Hybrid△△

LTZ MODEL SHOWN††

PLUS GM OWNERS ASK ABOUT LOYALTY BONUS UP TO $1,500♠

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CHEVROLET

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ♦$10,000/$1,000/$1,000/$1,000 manufacturer to dealer delivery credit, which includes maximum Holiday Bonus ($1,500/$1,000/$1,000) available on 2010 Chevrolet Silverado 1500/2011 Chevrolet Malibu/2011 Chevrolet Equinox (tax exclusive) for retail customers only reflected in offers in this advertisement. Other cash credits, including Holiday Bonus, available on most models. $1,500/$1,000 Holiday Bonus available on 2010/2011 models. Offers valid to January 17, 2011. Dealer order (2011MY only) or trade may be required. Limited quantities of certain 2010 models. GMCL may modify or terminate offers in whole or part at any time without notice. See dealer for details. ♥Offer applies to the purchase of 2011 Chevrolet (Malibu LS R7C/Equinox LS FWD R7A, 1FY/2.9% purchase financing offered by GMCL for 48 months on 2011 Chevrolet (Malibu LS R7C/Equinox LS FWD R7A) by Ally Credit. Rates from other lenders will vary. Example: $10,000 at 0%/2.9% APR, monthly payment is $208.33/$220.90 for 48 months. Cost of borrowing is $0/$603.20. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. ‡Variable rate financing for 84 months on 2011 Chevrolet (Malibu LS R7C/Equinox LS FWD R7A) on approved credit. Bi-weekly payment and variable rate shown based on current TD Bank prime rate and is subject to fluctuation; actual payment amounts will vary with rate fluctuations. Example: $10,000 at 3.0% APR, bi-weekly payment is $57.31. Cost of borrowing is $1,816.04. Offers may end without notice. Dealer may lease for less. ¥Lease 2011 Chevrolet Malibu LS R7C for 48 months, bi-weekly payment is $75.13. Cost of borrowing is $1,606.24. Offer requires a qualified retail customer and down payment. Dealer may lease for less. Offers may end without notice. ♠Offer applies to the purchase of a 2010/2011 Buick/Cadillac/Chevrolet/GMC vehicle. GMAC by TD Financing Services (fixed rate special only) or Ally Credit. Interest applies for entire financing term and accrues on unpaid amounts during deferral period. Financing term includes 2 month extension when financing through TDFS. Offer not available to Quebec residents and may not be combined with certain other consumer incentives. GMCL, Ally Credit or TD Financing Services may modify, extend or terminate this offer in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ±16% purchase financing offered by GMCL for 72 months on 2010 Chevrolet (Malibu Hybrid and for 2011 Chevrolet (Malibu Hybrid 2HL/Equinox 1HL/Tahoe 1HC/Silverado 1500 Hybrid 1CL/Silverado 2500HD/3500HD 1HC/Express/Silverado 1500 Classic/Silverado 2500HD/3500HD Classic/Avalanche/Suburban/Tahoe/Traverse/Express/Silverado 1500/2500HD/3500HD/Silverado Classic 1500/2500HD/3500HD Classic/Colorado/Canyon/Savana/Sierra 1500/2500HD/3500HD/Sierra Classic 1500/2500HD/3500HD Classic/Yukon/Yukon XL/Yukon Hybrid/Acadia/Terrain/HUMMER H2/H3/H3T/Buick Enclave/LaCrosse/Lucerne/Regal/Cadillac CTS/DTS/Escalade/Escalade ESV/Escalade EXT/SRX/STS) with down payment of 4.5% (6.5% for Quebec residents) of purchase price. $1,500 credit available to current owners or GMAC Lessees of a Pontiac/Saturn/Saab/HUMMER/Oldsmobile/Isuzu/Asuna/Passport vehicle. This $1,000 credit is available only to current GMAC Lessees or owners of a Chevrolet Astro, Uplander , Venture or Lumina APV, Black Terraza or GMC Safari registered and insured (in Canada) in their name for the previous consecutive six months. Credit may be applied towards the purchase/finance/lease of an eligible new 2009/2010/2011 Model Year Chevrolet, Buick, GMC or Cadillac vehicle, delivered between January 1, 2011 - January 31, 2011. Ineligible vehicles: Chevrolet Aveo, Cobalt, Cruze, all Pontiac, Saturn, Saab, and HUMMER vehicles, and medium duty trucks. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact GM to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives, including the First to Cruze program. See your GM dealer for details. GM reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice.

△△2011 Chevrolet Malibu with 6-speed automatic transmission and 2.4L Ecotec engine and comparably equipped (4 cyl. Automatic transmission) 2011 Toyota Camry and 2011 Ford Fusion. Fuel consumption ratings based on Natural Resources Canada's 2010 Fuel Consumption Guide. Your actual fuel consumption may vary. ©The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under license. ©Chevrolet Malibu and Equinox are an Insurance Institute for Highway Safety (IIHS) Top Safety Pick for 2010. For more information go to www.iihs.org. †12011 Chevrolet Malibu LT Platinum Edition, MSRP with freight, PDI & fees $29,489. 2011 Chevrolet Equinox LTZ, MSRP with freight, PDI & fees $33,244. Dealers are free to set individual prices. †Subject to Vehicle Redemption Allowances. Visit thegmcard.ca for more details including terms and conditions that apply to the GM Card Earnings and Redemption Program. 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ALL VEHICLES INCLUDE: BLUETOOTH CONNECTIVITY° MP3/USB INPUT

4 DOOR SEDAN

+ HWY: 5.8L/100KM (49 MPG)
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Rio EX shown

2011 KIA RIO

WAS ~~$13,695~~

CASH PURCHASE PRICE FROM **$9,995**

+ Delivery, destination and fees **$1,489**

ALL-IN PRICE **$11,484‡**

NOW GET UP TO **$3,700** IN CASH SAVINGS

7 PASSENGER SEATING AVAILABLE

+ HWY: 7.5L/100KM (38 MPG)
CITY: 10.6L/100KM (27 MPG)+

Rondo EX luxury shown

2011 KIA RONDO

WAS ~~$19,995~~

CASH PURCHASE PRICE FROM **$16,995**

+ Delivery, destination and fees **$1,684**

ALL-IN PRICE **$18,679‡**

NOW GET UP TO **$3,000** IN CASH SAVINGS

TOP SAFETY PICK 2010 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

+ HWY: 6.3L/100KM (45 MPG)
CITY: 7.7L/100KM (37 MPG)

Soul 4u shown

2011 KIA SOUL

WAS ~~$15,995~~

CASH PURCHASE PRICE FROM **$13,995**

+ Delivery, destination and fees **$1,684**

ALL-IN PRICE **$15,679‡**

NOW GET UP TO **$2,000** IN CASH SAVINGS

TOP SAFETY PICK 2010 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

+ HWY: 7.4L/100KM (38 MPG)
CITY: 10.6L/100KM (27 MPG)

Sorento EX-V6 luxury shown

2011 KIA SORENTO

WAS ~~$23,695~~

CASH PURCHASE PRICE FROM **$19,895**

+ Delivery, destination and fees **$1,784**

ALL-IN PRICE **$21,679‡**

NOW GET UP TO **$4,100** IN CASH SAVINGS

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WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty
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*5-year/100,000 km extra care roadside assistance
*no deductible charge

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0% purchase financing available on select 2010 and 2011 Kia models for up to 84 months on approved credit (OAC). 0% purchase financing available on all 2010 and 2011 Kia Rios for up to 84 months on approved credit (OAC). Financing example based on Kia Rio (RO743A) with cash purchase price of $18,554. 0% financing for 84 months. Cost of borrowing is $0. Delivery and destination fee ($1,455) and other fees ($100 + $34) included. Admin fee, license, insurance, applicable taxes, PPSA, and registration are extra. Retailer may sell for less. See dealer for full details. *"No Payments Until Spring 2011" (90 day payment deferral) applies to purchase financing offers on all new 2010 and 2011 Kia models on approved credit (OAC). No interest will accrue during the first 60 days of the finance contract. After this period interest starts to accrue and the purchaser will repay principal and interest monthly over the term of the contract. ‡Cash purchase price for 2011 Sorento (SR5408)/2011 Soul (SO5508)/ 2011 Kia Rondo (RN7518)/ 2011 Rio EX MT (RO542B) is $21,679/$15,679/$18,679/$11,484 and includes a cash credit of $4,100/$2,000/$3,000/$3,700 and delivery and destination fees ($1,650/$1,650/$1,650/$1,455), OMVIC fee, Environmental Fee and Air Tax (where applicable), based on the Manufacturer Suggested Retail Price of $21,995/$15,995/$18,995/$13,695. ^ "Start the year with savings" varies by model and trim. All offers exclude licensing, registration, insurance, PPSA, applicable taxes and variable dealer administration fees (up to $699). Vehicle images shown may include optional accessories and upgrades. +Highway/city fuel consumption for 2011 Sorento 2.4L MT (SR5408) is 7.4 L (38 MPG)/10.6 L (27 MPG); 2011 Rio EX MT (RO542B) is 5.8 L (49 MPG)/7.1 L (40 MPG); 2011 Soul (SO5508) is 6.3L (45 MPG)/7.7 L (37 MPG); 2011 Rondo LX (RN7538) is 7.5L (38 MPG)/10.6L (27 MPG). The actual fuel consumption of these vehicles may vary. These estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada publication EnerGuide Fuel Consumption Guide. ~2011 Kia Sorento/2010Kia Soul awarded the Top Safety Pick by the Insurance Institute for Highway Safety. The award is applicable on all 2011 Sorento models manufactured after March 2010. Visit www.iihs.org for full details. °The Bluetooth® word mark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Some vehicles advertised may include optional accessories or after-sale equipment and may not be exactly as shown. Some conditions apply to the $500 / $750, Grad Rebate Program / Kia Mobility Program. See dealer for details. Information in this advertisement is believed to be accurate at the time of print. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Offers end January 31st, 2011. KIA is a trademark of Kia Motors Corporation.

$500 Grad Rebate

KIA mobility PROGRAM

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